

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b> 8:30a- 11:30a - Open Play Pickleball 8:30a- 10:30a Senior Adult Pottery- Cylindrical Trinket Boxes 9a- 9:45a Tai Chi Basics 9a- 9:45a Senior Exercise - Maureen Doetzer 10a- 10:45a Senior Exercise 10: 15a-11:15a Yoga- Beginner 11a-12p Science with Harry- Beginning Russian 11a- 12:30p The Peak City Singers - Senior 11a- 12:30p Senior Adult Pottery- Pastel Eggs 11a- 11:45a Pilates- Senior 12:30p- 1:30p Employee Yoga 1p-4p Monday Cards & Games - Senior 1p-4p Mah-Jongg - Senior 2p-4p Art with Wade- Watercolor Workshop 3: 15p-4p Texts, Emails, Smartphones 6:45p- 7:45p Zumba with Sassy J	<b>3</b> 8:30a- 11:30a - Open Play Pickleball 9a- 9:45a Senior Exercise - Kendall Hardin 9:30a- 11:30a Art with Wade- Beeswax & Oil Painting 10a- 12:30p Bridge Tuesday Play- Senior 10a- 10:45a Strength Training- Seniors 11a- 12p Zumba Gold- Tue 11a- 11:45a Steel Strong- Senior 12: 30p-1:30p Intermediate Tap 1p-3p Any Occasion: Cute as a Bug: 2 shimmer & glitter cards 1p- 2:30p Outdoor Education: The Birds of Wake County 1p-3p Rou Soap & Skincare Workshop: Deodorant Spray 1:15p- 3p Senior Adult Pottery- Advanced Wheel: Pottery Throw Down 1:30p- 2:30p Tap Dancing Beginner- Senior 3p-4p Energy Everywhere 5: 30p-8p ASC Night at the Movies- Seniors 5:30p- 6:15p Triple Fit: Cardio, Strength, and Balance 6:15p- 7p Happy Feet Fitness Class- Beginner 6:15p- 8p Adult Advanced Wheel Pottery STUDIO PASS 6:30p- 7:30p Zumba for Fitness 7p- 7:45p Partner Swing Era Dancing (HUGHES/ HUNTER)	<b>4</b> 8:30a- 10:30a Beginner Handbuilding 9a- 9:45a Tai Chi/ Qi Gong Easy Movements 9a-9:45a Senior Exercise 10a- 10:45a Senior Exercise 10: 15a-11:15a Yoga- Intermediate 11a- 12:30p Resources for Seniors: Understanding Hearing Loss 11a- 12:30p Pottery- Woven Clay Basket 11a- 11:45a Barre 11:30a- 12:30p Chair Yoga for Balance 11:45a- 2:45p Quilting Club - Senior 12:30p- 2:30p Mind to Ceiling: Michelangelo and the Sistine Chapel 1p-3p Bingo - Senior 1:30p- 2:30p Chair Yoga for Balance in the Afternoon 3:30p-5:30p Art with Wade- Acrylic Painting Workshop 5:15p- 6:15p Intermediate Yoga @Night 6p-8p Art with Molly Odum - Drawing: Portraiture 6:15p- 7:15p Evening Beginner Plus Line Dancing - Senior 6: 30p-8:30p Triangle Church -Kyle Saxton 6:45p- 8p MindBodyStrong Aerial Yoga Series	<b>5</b> 8:30a- 11:30a - Open Play Pickleball 7a- 7:45a Check-in for Charlotte Trip 9a- 9:45a Seniors: American Sign Language - Social Practice Group 9a-9:45a Yoga Pilates 9a- 9:45a Yoga Pilates 9: 30a-5:30p AARP - Tax Aide 9:30a- 10:30a Coffee and Conversation 10a-12p Stitch & Hook Club - Senior 10a- 10:45a Strength Training- Seniors 11a- 12p Zumba Gold- Thu 11a- 11:45a Steel Strong- Senior 12p- 2:30p Bridge Thursdays Play Senior 1p-4p Scrapbooking Club 1:15p- 3p Senior Adult Pottery- Beginner Wheel 1: 30p-3:30p Computer Classes: Customizing Your Laptop 2p-4p Carol's Fresh Kitchen - A Taste of Love 2:30p- 3:30p Learn to Play Mah Jongg - Beginner 3:30p- 5:30p Learn to Play Mah Jongg - Intermediate/ Advanced 5:15p- 6:15p Gentle Yoga @Night 6:15p- 8p Adult Beginner Wheel	<b>6</b> 8:30a- 11:30a - Open Play Pickleball 8a- 4:15p Training with Candice 9a-10a Line Dancing-Beginner 9a- 9:45a Senior Exercise - Karee White 10a- 12:30p Apex Community Writers Club- Seniors 10a-12p Coffee: It's History from Farm to Table & Tasting 10: 15a-11:15a Line Dancing-Beginner Plus 10:15a- 11:15a Line Dancing- Beginner Plus 10:15a- 11:15a Yoga-Advanced 11:30a- 12:30p Line Dancing- Low Intermediate 1p-4p Friday Cards & Games - Senior 1p-2p Line Dancing- Ultra Beginner 1p-4p Mah-Jongg - Senior 1: 30p-3:30p Classic TV Time 2:30p- 5p LaRue Class Prep	<b>7.0</b> 9:15a- 10:15a Zumba for Fitness 9:30a- 12:30p Saturday Fun & Games  11a- 11:45a Peaceful Movements for Grief Relief 11:15a- 12p Fitness Plus 12:15p- 1p Super Circuit 1p- 2:15p Saturday Restorative Savasana
<b>8</b>	<b>9</b> 8:30a- 11:30a - Open Play Pickleball 8:30a- 10:30a Senior Adult Pottery- Bird Houses 9a- 9:45a Tai Chi Basics- Senior 9a- 9:45a Senior Exercise - Maureen Doetzer 10a- 10:45a Senior Exercise -Maureen Doetzer 10: 15a-11:15a Yoga- Beginner 11a-12p Science with Harry- Photo Composition 11a- 12:30p The Peak City Singers - Senior 11a- 12:30p Senior Adult Pottery- Marbled Mugs 11a- 11:45a Pilates- Senior 12:30p- 1:30p Employee Yoga 1p-4p Monday Cards & Games - Senior 1p-4p Mah-Jongg - Senior 1: 30p-3p Photography Interest Club 2p-4p Art with Wade- Watercolor Workshop 3: 15p-4p EmpowerTech Learning: Connecting to WiFi 5:30p- 6:30p POUND Fitness® 6p-7p Trivia Night!- 2nd & 4th Monday 6:45p- 7:45p Zumba with Sassy J @ Night	<b>10</b> 8:30a- 11:30a - Open Play Pickleball 9a-9:45a Senior Exercise - Kendall Hardin (SALEM/ SAUNDERS/SEABOARD) 9:30a- 11:30a Art with Wade- Beeswax & Oil Painting 9: 30a-2p AARP - Tax Aide 10a- 12:30p Bridge Tuesday Play- Senior 10a- 10:45a Strength Training- Seniors 11a- 12p Zumba Gold- Tue 11a- 11:45a Steel Strong- Senior 12: 30p-1:30p Intermediate Tap 1p- 2:30p Book Lovers- Seniors 1:15p- 3p Senior Adult Pottery- Advanced Wheel: Pottery Throw Down 1:30p- 2:30p Tap Dancing Beginner- Senior 3p-4p Energy Everywhere 5: 30p-8:30p Cary Estate Planning-Amanda Singletary 5:30p- 6:15p Triple Fit: Cardio, Strength, and Balance 6:15p- 7p Happy Feet Fitness Class- Beginner 6:15p- 8p Adult Advanced Wheel Pottery STUDIO PASS 6:30p- 7:30p Zumba for Fitness 7p- 7:45p Partner Swing Era Dancing	<b>11</b> 8:30a- 11:30a - Open Play Pickleball 8:30a- 10:30a Senior Adult Pottery- Beginner Handbuilding 9a- 9:45a Tai Chi/ Qi Gong Easy Movements 9a-9:45a Senior Exercise - Beth Arthur 10a- 10:45a Senior Exercise-Beth Arthur 10: 15a-11:15a Yoga- Intermediate 11a- 12:30p Senior Adult Pottery- Woven Clay Basket 11a- 11:45a Barre- Senior 11:30a- 12:30p Chair Yoga for Balance 11:45a- 2:45p Quilting Club - Senior 1: 30p-4p Movietime Matinee 1:30p- 2:30p Chair Yoga for Balance in the Afternoon 2:30p- 4:30p Rummikub Club - Senior 3:30p-5:30p Art with Wade- Acrylic Painting Workshop 5:15p- 6:15p Intermediate Yoga @Night 6p-8p Art with Molly Odum - Drawing: Portraiture 6:15p- 7:15p Evening Beginner Plus Line Dancing - Senior	<b>12</b> 9a- 9:45a Seniors: American Sign Language - Social Practice Group 9a-9:45a Yoga Pilates 10a-12p Stitch & Hook Club - Senior 10a- 10:45a Strength Training- Seniors 11a- 12p Zumba Gold- Thu 11a- 11:45a Steel Strong- Senior 12p- 2:30p Bridge Thursdays Play Senior 12p- 1:15p Potluck Luncheon- February 1:15p- 3p Senior Adult Pottery- Beginner Wheel 2:30p- 3:30p Learn to Play Mah Jongg - Beginner 2:30p- 4:30p The Joyful Arrangers 3:30p- 5:30p Learn to Play Mah Jongg - Intermediate/ Advanced 5:15p- 6:15p Gentle Yoga @Night 6:15p- 8p Adult Beginner Wheel	<b>13</b> 8:30a- 11:30a - Open Play Pickleball 9a-3p Paper Crafters Club - Senior 9a-10a Line Dancing-Beginner 9a-9:45a Senior Exercise - Karee White 9a- 9:45a Senior Exercise - Karee White 10a- 12:30p Apex Community Writers Club- Seniors 10a- 11:30a Is Your Home Ready for You? Aging in Place with Confidence 10: 15a-11:15a Line Dancing-Beginner Plus 10:15a- 11:15a Line Dancing- Beginner Plus 10:15a- 11:15a Yoga-Advanced 10:15a-11:15a Yoga- Advanced 10:45a-12:30p Adult Beginner Wheel 11:30a- 12:30p Line Dancing- Low Intermediate 1p-4p Friday Cards & Games - Senior 1p-2p Line Dancing- Ultra Beginner 1p-4p Mah-Jongg - Senior 6p-7p Sound Healing Workshop	<b>14</b> 9:30a- 12:30p Saturday Fun & Games 10a- 12p Shorts & B-Movies 11a- 12:30p Restorative Yoga 11:15a- 12p Fitness Plus 11:15a-12p Fitness Plus 12:15p- 1p Super Circuit
<b>15</b>	<b>16</b> 8:30a- 11:30a - Open Play Pickleball 8:30a- 10:30a Senior Adult Pottery- Bird Houses	<b>17</b> 9a-9:45a Senior Exercise - Kendall Hardin 9a- 9:45a Senior Exercise - Kendall Hardin	<b>18</b> 8:30a- 10:30a Senior Adult Pottery-Mult-Part Vase	<b>19</b> 9a- 9:45a American Sign Language 9a-9:45a Yoga Pilates	<b>20</b> 8:30a- 11:30a - Open Play Pickleball 9a-10a Line Dancing-Beginner	<b>21</b>

	<p>9a- 9:45a Tai Chi Basics- Senior  9a- 9:45a Senior Exercise - Maureen Doetzer  9:30a- 11:30a BUNCO  10a- 10:45a Senior Exercise  10: 15a-11:15a Yoga- Beginner  11a-12p Science with Harry- Photo Composition  11a- 12:30p The Peak City Singers - Senior  11a- 12:30p Senior Adult Pottery- Marbled Mugs  11a- 11:45a Pilates- Senior  11:45a- 12:30p Strength to Stand Tall  12:30p- 1:30p Employee Yoga  1p-4p Monday Cards &amp; Games - Senior  1p-4p Mah-Jongg - Senior  3p- 3:45p Sit and Be Fit!  3p-6p Su Mu  3: 15p-4p EmpowerTech Learning: Introduction to Artificial Intelligenc 8  6:45p- 7:45p Zumba with Sassy J @ Night</p>	<p>10a- 12:30p Bridge Tuesday Play- Senior  10a- 10:45a Strength Training- Seniors  11a- 12p Zumba Gold- Tue  11a- 11:45a Steel Strong- Senior  12: 30p-1:30p Intermediate Tap  1p- 2:30p Challenged Books Club  1:15p- 3p Senior Adult Pottery- Advanced Wheel: Pottery Throw Down  1:30p- 2:30p Tap Dancing Beginner- Senior  3p-4p Energy Everywhere  5: 30p-8p ASC Night at the Movies- Seniors  5:30p- 6:15p Triple Fit: Cardio, Strength, and Balance  6p-8p Cooking with the Sihras: Healthy Appetizers  6:15p- 7p Happy Feet Fitness Class- Beginner  6:15p- 8p Adult Advanced Wheel Pottery STUDIO PASS  6:30p- 7:30p Zumba for Fitness  7p- 7:45p Partner Swing Era Dancing</p>	<p>9a- 9:45a Tai Chi/ Qi Gong Easy Movements  9a-9:45a Senior Exercise - Beth Arthur  10a- 10:45a Senior Exercise-Beth Arthur  10: 15a-11:15a Yoga- Intermediate  11a- 12:30p Senior Adult Pottery- Woven Clay Basket  11a- 11:45a Barre- Senior  11:30a- 12:30p Chair Yoga for Balance  11:45a- 2:45p Quilting Club - Senior  1p-3p Bingo - Senior  1:30p- 2:30p Chair Yoga for Balance in the Afternoon  5:15p- 6:15p Intermediate Yoga @Night  6p-8p Art with Molly Odum - Drawing: Portraiture  6:15p- 7:15p Evening Beginner Plus Line Dancing - Senior  6:45p- 8p MindBodyStrong Aerial Yoga Series</p>	<p>9:30a- 10:30a Coffee and Conversation  10a-12p Stitch &amp; Hook Club - Senior  10a- 10:45a Strength Training- Seniors  11a- 12p Zumba Gold- Thu  11a- 11:45a Steel Strong- Senior  12p- 2:30p Bridge Thursdays Play Senior  12p- 1p Learning Lunch - Black History Month  1:15p- 3p Senior Adult Pottery- Beginner Wheel  1:30p-3:30p Computer Classes: Introduction to Tablets  2:30p- 3:30p Learn to Play Mah Jongg - Beginner  3p-4p Senior Siesta - Restorative Yoga in Aerial Silks!  3:30p- 5:30p Learn to Play Mah Jongg - Intermediate/ Advanced  5:15p- 6:15p Gentle Yoga @Night</p>	<p>9a-9:45a Senior Exercise - Karee White  9a- 9:45a Senior Exercise - Karee White  10a-12p Alcohol Ink on Ceramic Tiles  10a- 12:30p Apex Community Writers Club- Seniors  10: 15a-11:15a Line Dancing-Beginner Plus  10:15a- 11:15a Line Dancing- Beginner Plus  10:15a- 11:15a Yoga-Advanced  10:45a-12:30p Adult Beginner Wheel  11:30a- 12:30p Line Dancing- Low Intermediate  1p-4p Friday Cards &amp; Games - Senior  1p-2p Line Dancing- Ultra Beginner  1p-4p Mah-Jongg - Senior  1:30p- 9p Spades table storage for event  2p- 3:30p Songwriter Superstars You Never Heard Of  2:30p- 5:15p LaRue Class Prep  5p-9p Hold for Family Bingo Night Use  6p-8p Family Bingo Night  6:15p- 7:30p Cowgirls, Cowboys, and Farmland Frolics</p>	<p>9a-3p Festa Italiana-William Delfino  9:15a- 10:15a Zumba for Fitness  9:30a- 12:30p Saturday Fun &amp; Games  9:30a- 11:30a Parent &amp; Me Pottery - Spring Themed Porch Lanterns  11a- 11:45a Peaceful Movements for Grief Relief</p>
<b>22</b>	<p><b>23</b>  8:15a- 9a Raven Rock Day Trip Check-In  8:30a- 10:30a Senior Adult Pottery- Bird Houses  9a- 9:45a Tai Chi Basics- Senior  9a- 9:45a Senior Exercise - Maureen Doetzer  10a- 10:45a Senior Exercise -Maureen Doetzer  10: 15a-11:15a Yoga- Beginner  11a-12p Science with Harry- Photo Composition  11a- 12:30p The Peak City Singers - Senior  11a- 12:30p Senior Adult Pottery- Marbled Mugs  11a- 11:45a Pilates- Senior  11:45a- 12:30p Strength to Stand Tall  12:30p- 1:30p Employee Yoga  1p-4p Monday Cards &amp; Games - Senior  1p-4p Mah-Jongg - Senior  1: 30p-3p Photography Interest Club  3p- 3:45p Sit and Be Fit!  3: 15p-4p EmpowerTech 8 Learning: Internet Safety  <b>5:30p- 6:30p POUND Fitness®</b>  6p-8p Intermediate Drawing - Adult  6p-7p Trivia Night!- 2nd &amp; 4th Monday  6:45p- 7:45p Zumba with Sassy J @ Night</p>	<p><b>24</b>  9a-9:45a Senior Exercise - Kendall Hardin  10a- 12:30p Bridge Tuesday Play- Senior  12: 30p-1:30p Intermediate Tap  1p- 2:30p Book Club-Senior  1:15p- 3p Senior Adult Pottery- Advanced Wheel: Pottery Throw Down  1:30p- 2:30p Tap Dancing Beginner- Senior  5:30p- 6:15p Triple Fit: Cardio, Strength, and Balance  6:15p- 8p Adult Advanced Wheel Pottery STUDIO PASS  6:30p- 7:30p Zumba for Fitness Tuesday</p>	<p><b>25</b>  8:30a- 11:30a - Open Play Pickleball  8:30a- 10:30a Senior Adult Pottery-Mult-Part Vase  9a- 9:45a Tai Chi/ Qi Gong Easy Movements  9a-9:45a Senior Exercise - Beth Arthur  10a- 10:45a Senior Exercise-Beth Arthur  10: 15a-11:15a Yoga- Intermediate  11a- 12:30p Senior Adult Pottery- Woven Clay Basket  11:45a- 2:45p Quilting Club - Senior  1: 30p-4p Movietime Matinee  2:30p- 4:30p Rummikub Club - Senior  5p-7p Senior Music Bingo Night  6:45p- 8p MindBodyStrong Aerial Yoga Series</p>	<p><b>26</b>  8:30a- 11:30a - Open Play Pickleball  9a- 9:45a Seniors: American Sign Language - Social Practice Group  9a-10a Senior - Sound Healing Workshop  9:30a- 10:30a Travel Chat  10a-12p Stitch &amp; Hook Club - Senior  11:30a- 5:30p Safety Savvy: Senior Self Defense  11:30a-1p The Battle of Midway 4-7 June 1942  12p- 2:30p Bridge Thursdays Play Senior  1:15p- 3p Senior Adult Pottery- Beginner Wheel  1:30p-3:30p Technology Help Desk  2:30p- 3:30p Learn to Play Mah Jongg - Beginner  3:30p- 5:30p Learn to Play Mah Jongg - Intermediate/ Advanced  6:15p- 8p Adult Beginner Wheel Thursday</p>	<p><b>27</b>  8:30a- 11:30a - Open Play Pickleball  9a-3p Paper Crafters Club - Senior  9a-9:45a Senior Exercise - Karee White  10a- 12:30p Apex Community Writers Club- Seniors  10:15a- 11:15a Yoga-Advanced  1p- 2:30p Caregivers Support Group  1p-4p Friday Cards &amp; Games - Senior  1p-3p Line Dancing Party with Teresa  1p-4p Mah-Jongg - Senior  5:45p- 6:30p Check-in for Fortune or Fate</p>	<p><b>28</b>  9:15a- 10:15a Zumba for Fitness  9:30a- 12:30p Saturday Fun &amp; Games  11a- 12:30p Restorative Yoga  11:15a- 12p Fitness Plus  12:15p-1p Super Circuit</p>