



RESOURCE LIST

CRISIS NEED

Holly Hill Hospital: Immediate crisis need for all ages, as well as residential treatment depending on case. 24-hour intake and assessment.

Monarch Mental Health: Behavioral health urgent care provides assessment, stabilization and psychiatric intervention for individuals ages 4 and older who are experiencing mental health or substance use disorder crises. Please see website for hours. Adolescent mental health urgent care in southern wake county will be opening soon.

WakeBrook Assessment Center: Behavioral health facility in Raleigh, NC offering a continuum of services for people dealing with mental health and/or substance abuse disorders. The WakeBrook Campus offers Facility Based Crisis Unit (FBC), Alcohol and Drug Detoxification Unit (ADU), Crisis and Assessment Services Unit (CAS) Primary Care Offices (PCO) and Inpatient Unit (IPU).

INPATIENT AND OUTPATIENT IN WAKE COUNTY

Greenhill Recovery: Recovery housing and extensive outpatient support for those 18+.

Healing Transitions: Long-term recovery program, overnight shelter, non-medical detox, family services at no cost.

Southlight: Southlight Healthcare is a nonprofit provider of outpatient and community services for mental health and substance use treatment.

Triangle Springs: Inpatient and outpatient services for substance use and mental health for those 18+ and provide medical detox and counseling.

TEEN AND YOUNG ADULT RESOURCES

First Step Services: Adolescent counseling program for teens offering assessments and outpatient counseling for individuals and their families.

Insight Program: Local outpatient resources offering a variety of services to teens and families experiencing the disease of addiction.

Strategic Behavioral Health: Offers outpatient, as well as inpatient services for teens.

SUWS of Carolinas: A wilderness based residential program for ages 10-17.

Teen Challenge: Christian based inpatient treatment program for teens and young adults with a substance use disorder

OTHER RESOURCES

Alcoholics Anonymous: 12 step recovery program for those who struggle with alcohol.

AL-ANON: Support for family members with those who struggle with alcoholism, includes an Al-Ateen program.

Celebrate Recovery: Christian based 12 step recovery program for substance use.

Eleanor Health: Comprehensive substance use disorder care that includes medication, therapy and connection to resources.

Faces and Voices of Recovery: Resources for recovery.

More Powerful NC: Resource for those interested in recovery as well as family members for understanding substance use.

NAMI: Provides workshops and information for mental illness.

Narcotics Anonymous: 12-step recovery program for those who struggle with substance abuse.

Nar-Anon: Support for family members with those who struggle with substance use.

One Step Healing Ministries: Meets weekly at Apex Baptist Church (in Apex, NC) on Thursday evenings at 7:00 pm. Along with their weekly gatherings, they offer opportunities for one on one Christ-centered counseling.

Parenting through Addiction: Online resource for parents to learn about substance use and how to address it at all stages on the journey.

SAMHSA: Comprehensive website providing information about substance use disorder and mental health services, treatment and information about recovery programs.

Shatterproof: Shatterproof is a national nonprofit dedicated to reversing the addiction crisis in the United States.

Talk it out NC: Underage drinking resource.

This list is meant to be a resource only and the task force is not endorsing or promoting any of the organizations listed. It is a living and evolving document and there may be other entities available that we are not aware of at this time. If you would like to add an organization, please send an email to msmtfapexnc@gmail.com.

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