

REGISTRATION

Registration will open to everyone at 9 a.m. on July 1st, 2019.

Registration is limited to the first 600 participants to sign up. Typically, the race fills up around one month prior to the event.

SPONSORS



RACE LOCATION

Apex Community Park
2200 Laura Duncan Road, Apex, NC 27502

The 5K race will begin and end at the front of the park at the Laura Duncan entrance. Parking is limited inside the park and on the street outside the park. Ride sharing is encouraged. **Please note: No cars parked inside the park will be able to leave until the race is over.**



QUESTIONS?

www.apexnc.org/parks | 919-249-3402 | karl.lyon@apexnc.org

21ST ANNUAL TURKEY TROT 5K

APEX PARKS, RECREATION
AND CULTURAL RESOURCES

SATURDAY, NOV 23 2019

Apex Community Park



RACE INFORMATION

WHEN: Saturday, November 23, 2019 at 10 a.m.

WHERE: Apex Community Park,
2200 Laura Duncan Rd.

RACE PACKET PICKUP:

Avoid race day lines by picking up your packet early.

- **Wednesday, Nov 20, 4pm-7pm**, Inside-Out Sports (2002 Grisdale Ln, Cary)
- **Thursday & Friday, Nov 21-22, 9am-5pm**, Apex Community Center (53 Hunter Street)
- **Saturday, Nov 23, 8:30am-9:45am**, Apex Community Park

NO RACE DAY REGISTRATION!

COSTS:

Competitive \$25 (until 11/2); \$30 (after 11/2)
 Recreational \$20 (until 11/2); \$25 (after 11/2)
 Youth Recreational (12 and under) \$15
 Youth Competitive (12 and under) \$12

THE COURSE:

Certified course, through the park and around lake along paved trail and park roads. Chip timing provided by Young & Associates. Baby strollers allowed.

AWARDS:

Top male and female overall.
 Top 3 finishers (male and female) in each age division: 12/under, 13-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70+.

*Everyone can enjoy post-race refreshments!
 Awards ceremony will be held following the race.*



HOW TO REGISTER

- (1) Register online at: www.apexnc.org/peakconnect
- (2) Mail this completed form and your payment (checks only- made out to "Town of Apex") to: P.O. Box 250, Apex, NC 27502
- (3) Register in person at the Apex Community Center- 53 Hunter St. Apex, NC 27502

NOTE: There is no race day registration! Race is limited to first 600 entrants. This race fills early!
Course # 7888

Divisions:

COMPETITIVE entrants are officially timed, receive a timing chip and are eligible for awards.

RECREATIONAL entrants do not receive a timing chip and are not officially timed or recorded and are not eligible for awards. Individuals are responsible for keeping their own time if desired.

ALL participants receive Turkey Trot T-shirts!

THE FOLLOWING INFORMATION IS REQUIRED FOR REGISTRATION FOR EACH PARTICIPANT:

Participant Name: _____

Parent's Name (If under 18): _____

Address: _____

City, State, Zip: _____

Phone: _____

E-mail: _____

Gender: Male Female

DOB: ____/____/____

Age on Race Day _____ (11/23/19)

Division Registering For:

- Competitive (until 11/2) \$25 / (after 11/2) \$30
- Recreational (until 11/2) \$20 / (after 11/2) \$25
- Youth Recreational (12 & Under) \$15
- Youth Competitive (12 & Under) \$12

T-shirt Size (circle): (youth) **M L** (adult) **S M L XL**

OFFICE USE ONLY — Course #7888	
Receipt # _____	
Date: ____/____/____	Staff Initials: _____



RACE WAIVER

Statement of Waiver

I, for myself or as parent or guardian, hereby assume all the risks and hazards incidental to the conduct of the activities. I release, absolve, and indemnify the Town of Apex, employees of the Town, volunteers, contractors and/or sponsors from all risks and hazards associated with the activities and in the event of injury, do expressly waive all claims against them. I understand that no insurance coverage is provided by the Town of Apex Parks, Recreation and Cultural Resources Department. I further give permission for proper emergency care to be rendered to myself or child should I not be available or able to give such permission. As part of this approval, I acknowledge I may have the opportunity to review the premises, equipment and personnel qualifications to be used in conducting the activity. I also have the opportunity to discuss with program organizers potential hazards and risks that may be associated with the activity and take responsibility for doing so. Failure to exercise this option indicates my approval and acceptance. I understand the Town of Apex does not provide transportation to or from activities scheduled by the Apex Parks, Recreation and Cultural Resources Department.

Photo/Video Policy

I hereby grant the Town of Apex permission to use my likeness without individual identifying information in a photograph or video in any and all of its publications, website, social media and video programming, without payment or any other consideration. I hereby irrevocably authorize the Town of Apex to edit, alter, copy, exhibit, publish or distribute all submitted photos, videos, or other artwork for purposes of publicizing the town's programs and facilities, or for any other lawful purpose. In addition, I waive the right to inspect or approve the finished product, including written or electronic copy, wherein my likeness appears. Additionally, I waive any right to royalties or other compensation arising or related to the use of the photograph or video. I hereby hold harmless and release and forever discharge the Town of Apex from all claims, demands and causes of action which I, my heirs, representatives, executors, administrators or any other persons acting on my behalf, or on behalf of my estate, have or may have by reason of this authorization.

By signing below, you are agreeing to the Town of Apex's Statement of Waiver and acknowledging that you have read the Town of Apex's Photo/Video policy. If you wish to opt out of the Photo/Video Policy, you must email peakconnect@apexnc.org including the participant's name and which program(s) they are registered for.

 Participant's Signature Date

 Parent's Signature Date
(if participant is under age 18)