Coed Summer Sand Volleyball League Rules

I. LEAGUE ADMINISTRATION

A. The league shall be administered by the Apex Parks, Recreation & Cultural Resources Department (APR&CR)

B. The Department reserves the right to make any changes that they deem necessary for the betterment of the league and its play.

C. The Department will supply volleyballs for each match.

II. ELIGIBILITY

A. All players must be 17 years old or older by June 9, 2016.

B. All players must have signed the wavier/registration form and paid all fees before starting play.

III. TEAM CONTACTS

A. Each team shall have an official contact person. The contact must make certain that all team members receive all information distributed by APR&CR and are aware of the league rules.

B. The team contact is the spokesman for the team during the matches.

C. It is the responsibility of the team contact to call APR&CR's Activity Information Hotline, 249-3348, to determine the status of matches in case of inclement weather.

IV. PLAYING RULES

All rules will be governed by USVBA rules except for the local rules stated here.

A. Team/Roster :

1. All players must have signed the wavier/registration form and paid all fees before starting play.
2. Team rosters may not exceed 15 players.
3. Players may be added to your team at the Recreation Department's discretion up to July 29th. There will also be a sub-list that will be created for possible fill-in players.

B. Game Rules :

1. Using the rally scoring system, each match will consist of two out of three games to 25 points. The winner of each game is the team that scores 25 points and is ahead by two or the first team to 30 points.
2. A coin flip will decide side and serve for the first and third games.
3. Each team will consist of six players. Teams must field six players, two of whom must be women and two must be men, a minimum of four players are allowed to start the match. Teams may not hold out players or substitute players in order to play with 4 or 5 players instead of six. ***This is a six on six league.***
4. There must be a *minimum* of two women and two men on the court at all times.

C. Substitutions :

1. Substitutions will be unlimited to the number of times a player may enter a game. Player must re-enter in the same place in the rotation each time throughout the game.
2. A team may use the rotation system prior to the start of each game and must continue the rotation throughout the game. Players must rotate in and out in the same order.

D. Playing Rules :

1. At the start of the game, the referee will signal readiness to play and give a verbal or visible signal to start.
2. Double hits, lifts, carries and throws are illegal and will be called as such.
3. Players in the back row may not block or jump to spike in front of the 10 foot line.

   Clarification: If a backrow player completes an attack of a ball while in front of the 10-foot line, a portion of the ball must be below the top of the net for this play to be legal.

   If the ball is completely above the top of the net, and a back row player, while on or in front of the attack line, directs the ball toward the opposite side of the court, and the ball is not touched by a teammate, this becomes a violation when either a player from the opposite team touches it while in the plane of the net or the ball crosses the net completely.
4. Players may not block or spike a serve.
5. Players cannot touch the net during play.
6. Players may go completely under the net and play the ball, but may not interfere with an opposing player.
7. Net serve scoring is legal. Meaning any ball that is served and makes contact with the net, falling inbounds in opposing court, it is a legal serve and should be played by the receiving team.
8. Playing areas shall be changed at the end of each game.
9. The ball may be played from the net.
10. The ball is playable when it passes inside the poles. If any part of the ball touches or goes over the poles, it is a fault.
11. A player may go outside the court to play the ball but not the playing area. Playing area is defined as the white poles or red line that surround the court.
12. Three minutes will be given to teams between games.
13. The referee will stop play for injury and objects on the court.
14. A player may have more than one toss attempt when serving.
15. NEW: Because we are outside and the sun tends to play to one side, teams will switch sides after every 12 combined points.

E. Forfeits :

1. A team must have a minimum of four players to start a match. (Two women and two men)

2. There will be a grace period given from the match time to get enough players – ten minutes for the first game, fifteen minutes for the match.

F. Sportsmanship :

1. The referee will call violations involving unsportsmanlike conduct.
2. Judgment calls may not be questioned.
3. All problems of discipline or unsportsmanlike behavior will be handled according to APR&CR policy and procedures. A player can be removed from the league play due to unsportsmanlike behavior.
4. Profanity will not be tolerated and can result in immediate disqualification from present and future matches.
5. Berating the officials will not be tolerated before, during or after the matches.

   Please remember that this is a recreational league and should be played for the fun and enjoyment of playing volleyball.

G. End of Season :

1. A single elimination tournament will be played at the end of the season.
2. Ties in league standings will be broken based first on head to head play and then if the teams are still tied, a coin flip.

H. Awards :

Players from the winning team of the tournament will each receive a championship t-shirt.