

September - December 2016

# Program Guide



## HOW TO REGISTER FOR PROGRAMS:

Pre-registration is required for most programs offered by Apex Parks, Recreation and Cultural Resources. The first two weeks of each registration period is limited to Apex residents only. A resident is defined as an individual who resides within the established corporate limits of the Town as defined by the Apex Planning & Community Development Department. Waiting lists are available for most programs, with Apex residents receiving priority. See individual pages of the Program Guide for program registration dates. You may register online at [PEAKconnect](#), in person, or by mail (make checks payable to: Town of Apex). For Athletic Program registration dates see individual program descriptions. To avoid long lines and discourage overnight assembly, the first day of registration for both residents and non-residents will be administered by a lottery system promptly at 8:45am at the Community Center. Those in line will be given the opportunity to randomly draw a number and line up according to their number. Anyone arriving after 8:45am will go to the back of the line. Registration will begin promptly at 9am based on this system. This is for instructional programs, camps and individual youth athletic registration only and does not apply to adult team registration deadlines. One person may register only one family at a time.

## REFUND POLICY:

**Full Refunds.** Registration fees are 100% refundable when programs and events are canceled or adjusted by the Apex Parks, Recreation, and Cultural Resources Department. The Director of Parks, Recreation, and Cultural Resources shall have the authority to make decisions on all requests not specifically covered herein.

### Refunds/ Withdrawals/Transfers

1. **Withdrawal 10 Calendar days or more in advance.** A participant requesting to withdraw from a class must provide a written request at least 10 calendar days in advance of the scheduled start date of the program or tryouts for an athletic league. The participant will receive the full refund of fees minus a \$5.00 processing fee. No refunds will be issued when the amount is less than \$6.00.
2. **Withdrawal less than 10 Calendar days in advance.** A participant requesting a refund in writing, less than 10 calendar days prior to the scheduled start date of the program or tryouts for an athletic league, will receive a **75%** refund of the fees if the participant can be replaced from the waiting list. If there is no waiting list for the program or athletic league **no refund will be issued.**
3. **Withdrawal after First meeting of a program/First regular season game.** A participant requesting to withdraw on the day of or after the first meeting of any program, or the first regular season game of the affected league, **will not be issued a refund.**
4. **Transfer Request.** A participant requesting to transfer from one class date to another, within the same program and registration period, must do so in writing at least 10 calendar days or more prior to the scheduled start date of the program.
5. **Adult Team Withdrawals.** Refunds for adult athletic programs requiring "team" registration will be issued based on policies and procedures covering that particular program and are not subject to #s 1, 2, 3, and 4 above.

### Medical and Scholastic Exceptions

**A full refund of all fees paid, minus a \$5.00 processing fee, will be made for Athletic and Non-Athletic Programs only if:**

- 1) Prior to the first meeting of a program or the first game of the regular season the participant requests a refund in writing including a written excuse from a licensed medical doctor indicating that the participant should not participate due to medical concerns or physical limitations.
- 2) Prior to the first meeting of a program or the first game of the regular season the participant requests a refund in writing including written verification that the participant has been included in either a Middle School, High School, or College program that prohibits participation in recreational programs. Written verification can include a letter from the team coach, an official team roster from the school, or other school document indicating the school policy which prohibits the registrant's participation.

### SENIOR TRIPS (Please Note: Senior Program information is available in a separate publication)

1. If a participant requests a refund in writing prior to the registration deadline, a full refund minus a \$5.00 processing fee will be issued. 2. If a participant requests a refund in writing after the registration deadline, and 48 hours prior to trip departure, a 75% refund will be issued if the participant can be replaced from the waiting list. If there is not a waiting list for the program then no refund will be issued. 3. If 48 hours prior to the trip departure, a written excuse from a licensed medical doctor is provided indicating that the participant should not participate due to medical concerns or physical limitations, a partial refund will be issued after deducting expenses incurred by the Town of Apex / Apex Parks, Recreation, and Cultural Resources Department such as prepaid admission fees, tickets, deposits, and a \$5.00 processing fee. 4. For situations where non-refundable deposits and admission fees must be paid in advance by the Town, no refunds will be given to participants who cancel.

## APEX PARKS, RECREATION AND CULTURAL RESOURCES DEPARTMENT

### Park Maintenance

2306 Laura Duncan Rd.  
Phone: 919-363-6469  
Fax: 919-363-6875

### Community Center

53 Hunter St., P.O. Box 250, Apex, NC 27502  
Phone: 919-249-3402 Fax: 919-249-3368  
Hours: Mon-Fri 8am-9pm, Sat 9am-6pm,  
Sun (Sep-May: 1pm-6pm), (June-Aug: Closed)  
Administrative Office Hours: Mon-Fri 8am-5pm  
Athletic Weather Hotline: 919-249-3348

### Halle Cultural Arts Center

237 N. Salem St.  
Phone: 919-249-1120  
Fax: 919-362-8655  
Hours: Mon-Fri 9am-6pm  
Sat 9am-1pm  
Closed Sundays

# ATHLETICS

REGISTRATION DATES FOR ATHLETIC PROGRAMS VARY. FOR LOTTERY AND REGISTRATION INFO, PLEASE READ P. 2 "How to Register for Programs" AND ALSO READ EACH DESCRIPTION FOR DATE INFORMATION.

## Youth Athletic Programs Eligibility Cut-off Dates

The following cut-off dates are used to determine a participant's playing age for Youth Soccer, Baseball, Softball, Basketball, Girl's Volleyball. Placement is made based on the participant's age on these dates:

**FALL** Soccer, Baseball, Softball, Volleyball: **Oct 31** **SPRING** Soccer, Baseball, Softball, Volleyball: **Jun 30** **WINTER** Basketball: **Mar 31**

## YOUTH BASKETBALL

Registration begins Saturday, September 24 for Apex residents and Saturday, October 8 for non-residents. The cost is \$69 for Apex residents and \$84 for non-residents.

League age is based on a player's age on March 31, 2017. The 7-8 boys and 7-10 girls will play with 8 ½ ft. baskets. The 9-10 boys will play with 9 ft. baskets. All other age groups will play with 10 ft. baskets. The following age divisions will be used:

Girls Leagues	Ages	Course #
Pee Wee	7-8	4506
Mite	9-10	4508
Major	11-12	4501
Junior	13-15	4503

Boys Leagues	Ages	Course #
Pee Wee	7-8	4505
Mite	9-10	4507
Major	11-12	4500
Junior	13-14	4502
Senior	15-16	4504

For more information contact Patrick Fitzsimons at [patrick.fitzsimons@apexnc.org](mailto:patrick.fitzsimons@apexnc.org) or 919-249-3402.

**Basketball coaches needed.** Interested in coaching youth basketball? Contact Patrick Fitzsimons prior to October 1, 2016.



## YOUTH TURKEY TROTS RUNNING CLUB

Ages 8-12. Registration begins July 18, 2016 for Apex residents and August 1, 2016 for non-residents.

This 10-week running program trains boys and girls ages 8-12 year-old to participate in a 5k race. The program equips kids with the physical training and goal-setting mentality needed to accomplish their running goals. Classes take place twice per week on Tuesdays and Thursdays, beginning September 13. The program will end with participants running in the Turkey Trot 5k (November 19). Race registration is included as part of class. Location: Hunter Street Park

Fees: \$44 (R) \$59 (NR)

Course #4367

For more information contact Patrick Fitzsimons at [patrick.fitzsimons@apexnc.org](mailto:patrick.fitzsimons@apexnc.org) or 919-249-3402.

## BASKETBALL HAM TOSS

Champps Americana Restaurants of Triangle Town Mall in Raleigh and Southpoint Mall of Durham present the Family Basketball Ham Toss. Family members join teams to shoot foul shots with a chance to win a Holiday HAM! This event will be held at the Apex Community Center on **Monday, December 19th**. Teams consist of two members of the same family, one adult (age 18 or older) and one child (17 and under). The winning team from each age division is that which holds the highest number of points when the scores of both participants from all 3 rounds are totaled. Handicaps will be given to the youngest age divisions. Maximum of one prize ham per family. No pre-registration in necessary and this event is FREE.

Age Division and Times

6 & under, 11-12	6pm
7-8, 13-14	7pm
9-10, 15-17	8pm

## YOUTH LACROSSE CLINIC

Registration begins July 18, 2016 for Apex residents and August 1, 2016 for non-residents.

Clinic is for boys and girls, ages 6-12. Clinic will be held on consecutive Sundays, September 11, 18 & 25, 2016. Led by coaching staff and members of the Apex High School Lacrosse teams.

Fees: \$8 (R) \$23 (NR)

Course #4140

For more information contact Patrick Fitzsimons at [patrick.fitzsimons@apexnc.org](mailto:patrick.fitzsimons@apexnc.org) or 919-249-3402.

# ATHLETICS

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**FALL** Soccer, Baseball, Softball, Volleyball: **Oct 31** **SPRING** Soccer, Baseball, Softball, Volleyball: **Jun 30** **WINTER** Basketball: **Mar 31**

### TENNIS LESSONS ~ FALL SESSION

Steve Walker will lead all levels of tennis lessons. Youth Classes are limited to 18 participants per level. Adult Classes are limited to 12 participants per level.

Registration begins Tuesday, August 23, 2016 for Apex residents and Tuesday, September 6, 2016 for non-residents. Registration will be held at the Apex Community Center at 53 Hunter Street during normal business hours. Lessons will be held at **APEX NATURE PARK.**

#4527 Level 1: Ages 5-9

Times: Tuesday & Thursday

5-5:45pm Sep 20-Oct 6

Cost \$43 for Apex residents and \$58 for non-residents

#4529 Level 1: Ages 5-9

Times: Tuesday & Thursday

5:45-6:30pm Sep 20-Oct 6

Cost \$43 for Apex residents and \$58 for non-residents

#4530 Level 2: Ages 8-12

Times: Tuesday & Thursday

6:30-7:30pm Sep 20-Oct 6

Cost \$43 for Apex residents and \$58 for non-residents

Registration begins Tuesday, August 23, 2016 for Apex residents and Tuesday, September 6, 2016 for non-residents. Registration will be held at the Apex Community Center at 53 Hunter Street during normal business hours. Lessons will be held at **APEX NATURE PARK.**

#4531 Youth Intermediate Level: Ages 10-16

Times: Monday & Wednesday

6-7pm Sep 19-Oct 5

Cost \$43 for Apex residents and \$58 for non-residents

#4528 Adult Level: Ages 17-up

Times: Monday & Wednesday

7-8pm Sep 19-Oct 5

Cost \$43 for Apex residents and \$58 for non-residents

For more information contact Karl Lyon at 919-249-3402.



### TENNIS LESSONS ~ FALL SATURDAY SESSION

Steve Walker will lead all levels of tennis lessons. All classes are limited to 18 participants.

Fall Saturday Session –

Registration begins Tuesday, August 23, 2016 for Apex residents and Tuesday, September 6, 2016 for non-residents. Registration will be held at the Apex Community Center at 53 Hunter Street during normal business hours. Classes will be held at **KELLY ROAD PARK.**

#4534 Level 1: Ages 5-8

Times: Saturday

8:30-9:30am Oct 15-Nov 5

Cost \$40 for Apex residents and \$55 for non-residents

#4535 Level 2: Ages 8-12

Times: Saturday

9:30-10:30am Oct 15-Nov 5

Cost \$40 for Apex residents and \$55 for non-residents

#4536 Teen Level: Ages 12-16

Times: Saturday

10:30-11:30am Oct 15-Nov 5

Cost \$40 for Apex residents and \$55 for non-residents

For more information contact Karl Lyon at 919-249-3402.

### INDOOR YOUTH TENNIS LESSONS

The program is divided into three different age levels: ages 5-10. Classes will be held at the Apex Community Center Monday – Wednesday evenings. Classes will start November 7th.

Registration begins Monday, October 3, 2016 for Apex residents and Monday, October 17, 2016 for non-residents. Registration will be held at the Apex Community Center at 53 Hunter Street during normal business hours.

Level 1 (5pm): Ages 5-10

Course #4539

Times: Monday - Wednesday

5-6pm Nov 7-16

Cost \$43 for Apex residents and \$58 for non-residents

Level 1 (6pm): Ages 5-10

Course #4540

Times: Monday - Wednesday

6-7pm Nov 7-16

Cost \$43 for Apex residents and \$58 for non-residents

For more information contact Karl Lyon at 919-249-3402.

# ATHLETICS

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**FALL** Soccer, Baseball, Softball, Volleyball: **Oct 31** **SPRING** Soccer, Baseball, Softball, Volleyball: **Jun 30** **WINTER** Basketball: **Mar 31**

## TENNIS LADDER

#4544 - Competitive ladder play for men and women. There will be two playing levels: 3.0-4.0, 4.5 and up. There will be singles ladders for men and women. Fall ladder begins in late September and will last nine weeks (depending on participation). Players may join the ladder during the first six weeks of the season. Flexible scheduling allows players to arrange their own match times and locations.

Cost is \$5 for Apex residents and \$30 for non-residents. Registration starts September 1st with a deadline to enter of September 16, 2016. Individuals must be 17 years old by September 16, 2016.

For more information contact Karl Lyon at 919-249-3402.

## COED INDOOR VOLLEYBALL

#4549 - All league practices and games will be played at Apex Community Center. Matches will start early September and will be on Monday and Wednesday nights. Teams will consist of six players (6 on 6), two of which must be men and two women.

Registration may begin August 1st with a deadline of August 18, 2016. Cost is \$15 for Apex residents and \$40 for non Apex residents. Those interested may sign-up as a team or as an individual and must be 17 years old by August 18, 2016.

For more information contact Karl Lyon at 919-249-3402.

## COED ADULT FALL SOCCER

#4551 - This is a competitive adult soccer program for ages 25 and up. Teams may register for the Open League or Recreational League. Each league will take a maximum of 6 teams. Games will be played on Tuesday / Thursday nights and Sunday afternoons with the possibility of some Saturday afternoons as well. League play will start early September and will end mid November. This is an 11 on 11 league, you must have at least 3 women on the field at all times and your roster cannot exceed 25 players.

Registration will be by teams only. (Sorry, no single player looking for a team to play with will be taken.) Registration starts August 1st with a deadline of August 18, 2016 to enter your team. This is not a first come first serve sign-up. If there are more than six teams in a league after the deadline, a point system will be used with Apex residents given priority.

The fee is \$33 for each resident and \$58 for each non-resident player.

For more information contact Karl Lyon at 919-249-3402.

## ADULT WINTER BASKETBALL

Registration begins: 9am, Monday, November 7

Registration deadline: 4pm, Thursday, December 8

Ages 17+ (by January 1, 2017). Teams must register for either the A or B Divisions. A Division games will be played on Tuesdays and Thursdays and B Division games will be played on Mondays and Wednesdays. A minimum of 4 teams is required to create a Division. There is a 6 team maximum in each Division. League play will start the week of January 9th and will end mid March. APR&CR reserves the right to place teams in either division once a determination has been made concerning the strength of the submitted roster. The A Division is for more skilled teams. All teams must qualify for membership in the league through the priority point system as established by APR&CR. The registration deadline is final for all required documentation and materials. No exceptions!

### Men's Leagues

4553 A Division

4554 B Division

Cost:

\$450 per team

\$25 per player for non-residents

For more information contact Karl Lyon at 919-249-3402.

## GLOWING DISC GOLF TOURNAMENT

Join us for this unique disc golf tournament, played with glowing discs in the dark. Aim for illuminated baskets as you navigate the course with a flashlight. Sign up for one of four divisions: Advanced, Amateur, Novice or Junior (14 and under). All registered players will receive a glow-in-the-dark tournament disc.

Date & Time: Friday, October 21, check in begins at 6pm

Fees: \$10

Course #4509

For more information contact Patrick Fitzsimons at [patrick.fitzsimons@apexnc.org](mailto:patrick.fitzsimons@apexnc.org) or 919-249-3402.

## ATHLETIC WEATHER HOTLINE:

919-249-3348

The Athletic Hotline is updated daily,  
Mon-Fri at 4pm, Sat at 8am & Sun at 12pm

Follow us on Twitter @apexrec

# COMMUNITY CENTER ~ PRESCHOOL

REGISTRATION DATES FOR PROGRAMS ON THIS PAGE start:  
July 18 for Residents & August 1 for Non-Apex Residents.

## COMMUNITY CENTER PROGRAM POLICY

- See [How to Register for Programs](#), p. 2. Programs are held at Community Center unless otherwise noted.
- Registration is encouraged at least 4 days before the first date of program unless otherwise noted. Please review refund policy carefully prior to registration.
- Classes will be cancelled if class minimums are not met. Registering early helps to avoid cancellations.
- Please mark your calendars! We do not send out reminders. You will be notified by phone only if a class is cancelled.
- Participant must be the age indicated before the first day of class, we do not make age exceptions.
- Parents/guardians/unregistered siblings are not permitted to remain in class unless otherwise noted.
- No food allowed in class unless otherwise noted.
- Parent/guardian is required to walk child(ren) ages 9 & under to their classroom. Do not drop your child off outside the facility or at the front door of the Community Center. Parents - be responsible for the safety of your children!
- In the event of inclement weather you may call 919-249-3402 for information regarding class cancellations. If the Community Center is closed due to inclement weather you may call 919-249-3348 for a recorded message. Cancelled classes will be rescheduled as quickly as possible.

### WEE-JAM

Ages 10-36 mos. A parent/child participation class designed to get your little one movin' and groovin'. Activities include playing rhythm instruments, singing, dancing, parachute fun, and more! A mixed-age setting allows children the freedom to develop basic skills at their own pace. Wee-Create instructs. Limited to 12 participants.  
Fees: \$24(R)      \$39(NR)      (3 classes)

#### Ages 10-24 mos:

4577	Sep 16-30	F	9:15-9:45am
4578	Oct 7-21	F	9:15-9:45am
4579	Dec 2-16	F	9:15-9:45am

#### Ages 24-36 mos:

4580	Sep 16-30	F	10-10:30am
4581	Oct 7-21	F	10-10:30am
4582	Dec 2-16	F	10-10:30am

### WEE-TOTS & TODDLERS

Ages 10-36 mos. Parent/child participation. Join us for a fun, active class that encourages development through play and learning to support your child's growth! Activities include music, parachute, bubbles and more. Wee-Create instructs. Limited to 20 participants.  
Fees: \$26(R)      \$41(NR)      (3 classes)

4563	Sep 14-28	W	10-10:45am
4564	Oct 12-26	W	10-10:45am
4565	Nov 9-23	W	10-10:45am
4566	Dec 7-21	W	10-10:45am

### WEE-CREATE & PAINT

Ages 2-5. Parent/child participation. Children will create fun paint and craft projects to help develop their fine motor skills and learn the foundation of art to stretch their imaginations! Explore with paint, glue, stamps, play-doh and more. Dress appropriately for splatters. \*\$4 supply fee due to instructor at first class. Wee-Create instructs. Limited to 12 participants.

Fees: \$26*(R)      \$41*(NR)		(3 classes)	
4558	Sep 12-26	M	9:15-10am
4559	Oct 10-24	M	9:15-10am
4560	Nov 7-21	M	9:15-10am
4561	Dec 5-19	M	9:15-10am

*The Town of Apex Parks, Recreation and Cultural Resources Department strives to provide an inclusive approach to recreation and encourages individuals of all abilities to participate together in our programs. In order for participants with disabilities to participate successfully ADA accommodations may be provided. If you or a family member has a disability and needs a reasonable accommodation please check the appropriate box on the registration form or contact Inclusion Services for more information ~ 919-249-3507.*



# COMMUNITY CENTER ~ PRESCHOOL

REGISTRATION DATES FOR PROGRAMS ON THIS PAGE start:  
July 18 for Residents & August 1 for Non-Apex Residents.

## KINDERTOTS

Age 2. Designed to develop gross motor skills, movement creativity, physical development and body awareness while learning numbers, colors, shapes and songs. Ballet and tap shoes recommended. Parents may remain in class. Kinderdance International instructs. Limited to 10 participants.

Fees: \$32(R) \$47(NR) (4 classes)  
4648 Sep 13-Oct 4 T 10:45-11:15am  
4649 Oct 18-Nov 8 T 10:45-11:15am  
4650 Nov 15-Dec 13 T 10:45-11:15am  
(No class Nov 22)  
(Recital to be held Dec 13)



## KINDERGYM

Ages 3-5. Developmental floor gymnastics with emphasis on social development and physical fitness while learning numbers, colors, shapes and words. Kinderdance International instructs. Limited to 10 participants.

Fees: \$32(R) \$47(NR) (4 classes)  
4666 Sep 15-Oct 6 Th 4-4:30pm  
4667 Oct 20-Nov 10 Th 4-4:30pm  
4668 Nov 17-Dec 15 Th 4-4:30pm  
(No class Nov 24)

## KINDERDANCE

Ages 3-5. A developmental dance, movement and fitness program teaching the basics of ballet, tap, acrobatics and creative movement, while blending educational concepts. Ballet and tap shoes recommended. Kinderdance International instructs. Limited to 12 participants.

Fees: \$34(R) \$49(NR) (4 classes)  
4653 Sep 13-Oct 4 T 11:30am-12:15pm  
4654 Oct 18-Nov 8 T 11:30am-12:15pm  
4655 \*Nov 15-Dec 13 T 11:30am-12:15pm  
4657 Sep 13-Oct 4 T 1-1:45pm  
4658 Oct 18-Nov 8 T 1-1:45pm  
4659 \*Nov 15-Dec 13 T 1-1:45pm  
4661 Sep 13-Oct 4 T 4-4:45pm  
4662 Oct 18-Nov 8 T 4-4:45pm  
4663 \*Nov 15-Dec 13 T 4-4:45pm  
(\*No class Nov 22. Recital to be held Dec 13.)

## WEE-KIDDIE CAMP

Ages 3-5. A camp for preschoolers and kindergartners. Join us at the Apex Community Center for arts & crafts, games, nature walks, gym play, songs and more. Bring a snack and drink. Wee-Create instructs. Limited to 15 participants.

Fees: \$39(R) \$54(NR) (2 classes)  
4568 Sep 13 & 15 T/Th 9:30am-12:30pm  
4569 Sep 20 & 22 T/Th 9:30am-12:30pm  
4570 Oct 11 & 13 T/Th 9:30am-12:30pm  
4571 Oct 18 & 20 T/Th 9:30am-12:30pm  
4572 Nov 8 & 10 T/Th 9:30am-12:30pm  
4573 Nov 15 & 17 T/Th 9:30am-12:30pm  
4574 Dec 6 & 8 T/Th 9:30am-12:30pm  
4575 Dec 13 & 15 T/Th 9:30am-12:30pm



## SUPER SPORTS

Ages 3-5. Drop-off class. Your toddler will have fun while learning the fundamentals of soccer, t-ball, basketball and hockey in this active, age-appropriate, non-competitive class. Develop social skills while enhancing hand-eye coordination and healthy self-esteem through fun group exercise, games and more. Elaine Tyte instructs. Limited to 12 participants.

Fees: \$34(R) \$49(NR) (4 classes)  
4584 Sep 7-28 W 1:45-2:30pm  
4585 Oct 12-Nov 2 W 1:45-2:30pm  
4586 Nov 16-Dec 7 W 1:45-2:30pm

# COMMUNITY CENTER ~ YOUTH

REGISTRATION DATES FOR PROGRAMS ON THIS PAGE start:

July 18 for Residents & August 1 for Non-Apex Residents.

## BALLET & CREATIVE MOVEMENT

Ages 6-7. Excitedly explore movement and the rudiments of classical ballet in a fun and creative way. This class provides an outlet for self-expression while using your imagination and aids in learning the core basics of ballet. Improves dexterity, hand and eye coordination, balance, strength of feet and ankles, and proper body alignment. Please wear a leotard, tights and ballet slippers. Hair should be neatly up in a bun or pulled back off the face with a clip. Infinity Ballet instructs. Limited to 16 participants.

Fees: \$40(R) \$55(NR) (5 classes)  
4617 Sep 12-Oct 10 M 4:30-5:30pm  
4618 Nov 14-Dec 12 M 4:30-5:30pm

## JR ENGINEERING

Ages 6-8. Students develop a foundation in Engineering Problem Solving through building with LEGO. We'll explore simple and complex machines, motors and robotics. Some group projects will introduce students to teamwork. If the class elects, we can participate in the Jr FIRST LEGO League and work as a team to build a model for exhibition at a local event. (A small additional fee may be required for JrFLL participation). viaRobotics instructs. Limited to 12 participants.

Fees: \$184(R) \$199(NR) (8 classes)  
4627 Sep 7-Oct 26 W 5:30-7pm  
4628 Nov 2-Jan 11 W 5:30-7pm  
(No class Nov 23, Dec 21, Dec 28)

## YOUNG REMBRANDTS ~ ELEMENTARY DRAWING

Ages 6-12. Curriculum is designed to teach basic to advanced drawing skills, art techniques and vocabulary. Drawing is the bedrock skill required for future artistic success. Learn skills to express your creativity; all children can and should learn to draw. There will be new lessons each week conducted in a positive and nurturing environment to bring out your best. Develops increased art abilities, learning skills, self-confidence and self-esteem. Supplies are included. Young Rembrandts instructs. Limited to 15 participants.

Fees: \$105(R) \$120(NR) (6 classes)  
4636 Sep 2-Oct 7 F 4:15-5:15pm  
4637 Oct 21-Dec 9 F 4:15-5:15pm  
(No class Nov 11, Nov 25)

## FUN DAYS ~ TRACK OUT CAMP

Ages 6-11. Kids tracked out of school with nothing to do? Join us at the Apex Community Park Camp Building for games, arts & crafts, sports, movies and lots of fun! We have daily outdoor activities (weather permitting) including nature walks, tennis, basketball and field sports. Bring lunch, snack and water bottle marked with name. Wear sneakers. Camp located at: Apex Community Park, 2200 Laura Duncan Rd. Staff instructs. Limited to 25 participants.

Fees: \$62(R) \$77(NR) (5 classes)  
4302 Aug 29-Sep 2 M-F 9am-2pm  
4604 Sep 12-16 M-F 9am-2pm  
4605 Sep 19-23 M-F 9am-2pm  
4606 Oct 3-7 M-F 9am-2pm  
4607 Oct 10-14 M-F 9am-2pm  
4608 Oct 24-28 M-F 9am-2pm  
4609 Oct 31-Nov 4 M-F 9am-2pm  
4610 Nov 14-18 M-F 9am-2pm  
4611 Nov 28-Dec 2 M-F 9am-2pm  
4612 Dec 5-9 M-F 9am-2pm  
4613 Dec 12-16 M-F 9am-2pm

## YOUTH TUMBLING GYMNASTICS

Ages 6-16. Be challenged and engaged while learning recreational tumbling skills and having fun at the same time. We will focus on strength and flexibility with emphasis on tumbling and jumping in order to learn the basic building blocks of gymnastics. Please dress in fitness wear, no loose clothing, and have hair tied back. Groups will be divided by age and skill level accordingly.

Elaine Tyte instructs. Limited to 25 participants.

Fees: \$38(R) \$53(NR) (4 classes)  
4594 Sep 16-Oct 7 F 4:15-5:15pm  
4595 Nov 18-Dec 16 F 4:15-5:15pm  
(No class Nov 25)

## HAPKIDO ~ YOUTH BEGINNER

Ages 8-12. For beginners, white and advanced yellow belts. Learn the basic philosophy of a traditional self-defense martial art including respect for others, self-discipline, stretching, kicking, punching, rolling, break-falling techniques, and basic grappling. Heavy emphasis on importance of technique, appropriateness and safety. Minimum of 2 sessions of Beginner Hapkido required before entering intermediate class. Optional purchase of uniform and safety equipment available. Parents may remain in class. Richard Lemaster instructs. Limited to 16 participants.

Fees: \$49(R) \$64(NR) (10 classes)  
4639 Sep 10-Nov 19 Sat 9:05-10:35am  
(No class Nov 5. Awards/Potluck Dinner Nov 22, 6:30pm)

## HAPKIDO ~ YOUTH INTERMEDIATE

Ages 8-12. For students with a green belt or higher only. Must have taken Beginner Hapkido at Apex Community Center (minimum of 2 sessions Beginner Hapkido required). Optional purchase of uniform and safety equipment available. Parents may remain in class. Richard Lemaster instructs. Limited to 30 participants.

Fees: \$55(R) \$70(NR) (20 classes)  
4640 Sep 6-Nov 15 T/F 6-6:55pm  
(No class Nov 11. Awards/Potluck Dinner Nov 22, 6:30pm)

## HAPKIDO ~ YOUTH INTERMEDIATE EXTENSION

Ages 8-12. For returning intermediate youth students only. Practice techniques and stay in shape in this 3 week extension class. For returning students from September session only. Richard Lemaster instructs. Limited to 30 participants.

Fees: \$18(R) \$33(NR) (6 classes)  
4646 Nov 29-Dec 16 T/F 6-6:55pm

## BALLET & CONTEMPORARY DANCE

Ages 8-12. Suitable for beginners but specifically designed for those with expectations for a fast pace and more advanced dance form and artistry. Classical ballet technique and steps, leaps, turns and contemporary combinations will be covered. Please wear appropriate dance attire for freedom of movement. Hair should be worn up and out of the face. Lauren Grow instructs. Limited to 12 participants.

Fees: \$48(R) \$63(NR) (6 classes)  
4620 Sep 7-Oct 12 W 5:45-6:45pm

# COMMUNITY CENTER ~ YOUTH

REGISTRATION DATES FOR PROGRAMS ON THIS PAGE start:  
July 18 for Residents & August 1 for Non-Apex Residents.

## COMPETITIVE ROBOTICS I

Ages 8-12. Experience the challenge and fun of competitive robotics using the LEGO MINDSTORMS and VEXIQ Robotics Systems. Students will learn how to design, build and program robots to be used in competition. If interested, students may organize as a team and compete in local competitions; additional expenses will apply. Continuation will permit students to develop more advanced skills and participate in a variety of robot competitions. viaRobotics instructs. Limited to 30 participants.  
Fees: \$184(R) \$199(NR) (8 classes)  
4623 Sep 12-Nov 28 M 5:30-7pm  
(No class Oct 17-Nov 7)

## BASKETBALL FUNDAMENTALS SKILL DEVELOPMENT

Ages 8-14. Whether you're a beginner or experienced basketball player you're sure to be challenged and inspired by this skills building program. Emphasis placed on developing individual skills, sportsmanship, character enhancement, communication and life lessons. Players are taught the concepts of team offense: floor spacing, passing-and-cutting, dribble-drives, rotations, etc., as well as defense skills. Class structure: Coach talk, warm-up, station work & scrimmage. T-shirts will be provided. Youth Hoops instructs. Limited to 20 participants. For more info visit [www.youthhoops.com](http://www.youthhoops.com).

Fees: \$169(R) \$184(NR) (7 classes)  
**Ball Handling:**  
4633 Sep 8-Oct 20 Th 3:45-5pm  
**Shooting:**  
4634 Oct 27-Dec 15 Th 3:45-5pm  
(No class Nov 24)

## AHA ~ HEARTSAVER ~ ADULT, INFANT, CHILD CPR, FIRST AID & AED TRAINING

Ages 11+. Perfect class for **Babysitters!** Learn the lifesaving skills of CPR, from the moment of recognition to the final steps needed to save the life of an adult, infant or child. AED training is included and first aid skills will be taught, covering medical, injury and environmental emergencies. Taught in a group setting using the American Heart Association's research proven technique that provides students with the most hands-on CPR practice time possible. American Heart Association Certified course.

**AHA certification valid for 2 years. Registration is required 1 week in advance.** CPR Consultants Training Center instructs. Limited to 20 participants.

Fees: \$90(R) \$105(NR) (1 class)  
4592 Sep 17 Sat 9:15am-3:15pm  
4588 Oct 15 Sat 9:15am-3:15pm  
4589 Nov 19 Sat 9:15am-3:15pm  
4590 Dec 17 Sat 9:15am-3:15pm

## GYMNASTICS II / FUSION ~ Intermediate

Ages 8-16. Building on basic skills from beginner gymnastics this intermediate level class focuses on core conditioning, strength training, front and back walkovers, and handsprings. Please dress in fitness wear, no loose clothing, and have hair tied back. Groups will be divided by age and skill level accordingly. **It is required to have taken at least one session of Youth Tumbling Gymnastics at the Apex Community Center to register for this class.** It is also required to have reached an intermediate skill level in handstands and cartwheels to register for this class. Elaine Tyte instructs. Limited to 25 participants.  
Fees: \$38(R) \$53(NR) (4 classes)  
4599 Sep 14-Oct 5 W 4:30-5:30pm  
4600 Nov 16-Dec 7 W 4:30-5:30pm  
4601 Dec 14-Jan 4 W 4:30-5:30pm

## COMPETITIVE ROBOTICS II

Ages 11-15. Experience the challenge and fun of competitive robotics using the VEX Robotics System. Students will learn how to design, build and program robots to be used in competition. If interested, students may organize as a team and compete in state-wide competitions; additional expenses will apply. The VEX Nothing But Net challenge is a year long activity. This class will allow students to try it out or continue to develop skills and competition experience. Students will learn to program robots using the C-programming language. viaRobotics instructs. Limited to 30 participants.

Fees: \$184(R) \$199(NR) (8 classes)  
4625 Sep 12-Nov 28 M 7-8:30pm  
(No class Oct 17-Nov 7)

## COMPETITIVE ROBOTICS III

Ages 13-17. FIRST Robotics Competition (FRC) is the pinnacle for all student robotics competitions. Any student interested or curious about engineering should give it a try; it's easy, just sign up for class! Every session will include an introduction to robotics followed by a detailed examination of specific topics in mechanical, electrical and programming elements of a large competitive robotics system. By joining this year round program students will master the skills necessary to own the responsibility of designing, building and programming a new robot. viaRobotics instructs. Limited to 20 participants.

Fees: \$184(R) \$199(NR) (8 classes)  
4630 Sep 7-Oct 26 W 7-8:30pm  
4631 Nov 2-Jan 11 W 7-8:30pm  
(No class Nov 23, Dec 21, Dec 28)

*Sign up for email updates about programs/greenways / everything Parks & Rec!*  
[www.apexnc.com/notifyme](http://www.apexnc.com/notifyme)

## APEX YOUTH COUNCIL

The Apex Youth Council is an independent organization run by local middle and high school youth to enhance our community through leadership and service. Experience planning and participating in community events. The Apex Youth Council is funded through membership application fees and donations. Meetings are held the first Wednesday of each month at the Apex Community Center, 6:15-7:15pm, 53 Hunter Street, in the conference room, unless otherwise scheduled. *New members are accepted at the beginning of each traditional school year, for one month only.*

See [www.apexnc.org](http://www.apexnc.org) for further details.

**Find us on FACEBOOK!**



# COMMUNITY CENTER ~ TEEN & ADULT

REGISTRATION DATES FOR PROGRAMS ON THIS PAGE start:

July 18 for Residents & August 1 for Non-Apex Residents.

## WOMEN'S SELF DEFENSE

Ages 13+. Learn how not to be a victim. Topics include the basics of awareness, striking, and how to escape from a variety of situations. Taught by a Hapkido black belt. Jay Manganaro instructs. Limited to 15 participants.

Fees: \$48(R) \$63(NR) (5 classes)  
4690 Sep 7-Oct 5 W 6:15-7:15pm



## HAPKIDO ~ TEEN & ADULT BEGINNER

Ages 13+. For beginners, white and advanced yellow belts. Learn basic philosophy of a traditional self-defense martial art including respect for others, self-discipline, stretching, kicking, punching, rolling, break-falling techniques, and basic grappling. Heavy emphasis is placed on importance of technique, appropriateness and safety. Minimum of 3 sessions of Beginner Hapkido is required before entering intermediate class. Optional purchase of uniform and safety equipment available. Richard Lemaster instructs. Limited to 12 participants.

Fees: \$49(R) \$64(NR) (10 classes)  
4643 Sep 10-Nov 19 Sat 9:05-10:35am  
(No class Nov 5. Awards/Potluck Dinner Nov 22, 6:30pm)

*Sign up for email updates about programs/greenways / everything Parks & Rec! [www.apexnc.com/notifyme](http://www.apexnc.com/notifyme)*

## HAPKIDO ~ ADVANCED

Ages 13+. Class for teen and adult intermediate students, who have had at least 3 semesters of Hapkido, for work on advanced techniques with a smaller student/teacher ratio. Richard Lemaster instructs. Limited to 15 participants. Fees: \$47(R) \$62(NR) (10 classes)  
4642 Sep 10-Nov 19 Sat 10:35am-12:35pm  
(No class Nov 5. Awards/Potluck Dinner Nov 22, 6:30pm)

## HAPKIDO ~ TEEN & ADULT INTERMEDIATE

Ages 13+. For returning students with a green belt or higher only. Must have taken Beginner Hapkido at Apex Community Center (minimum of 3 sessions required). Continued Hapkido skills. Optional purchase of uniform and safety equipment available. Parents may remain in class. Richard Lemaster instructs. Limited to 45 participants.

Fees: \$65(R) \$80(NR) (20 classes)  
4644 Sep 6-Nov 15 T/F 7-8:30pm  
(No class Nov 11. Awards/Potluck Dinner Nov 22, 6:30pm)



## HAPKIDO ~ TEEN/ADULT INTERMEDIATE EXTENSION

Ages 13+. For returning intermediate teen and adult students. Practice techniques and stay in shape in this 3 week extension class. For returning students from September session only. Richard Lemaster instructs. Limited to 45 participants.

Fees: \$22(R) \$37(NR) (6 classes)  
4645 Nov 29-Dec 16 T/F 7-8:30pm

## INTRODUCTION TO DIGITAL PHOTOGRAPHY

Ages 14+. Learn the basic principles of photography and the techniques used to create professional looking photographs. Topics will include framing, composition, lighting and how to choose proper camera settings to achieve remarkable looking images. This is an interactive class with photo assignments given each week. Students are encouraged to bring their camera to class. Scott Scala instructs. Limited to 15 participants.

Fees: \$63(R) \$78(NR) (6 classes)  
4684 Sep 6-Oct 11 T 6:30-7:30pm  
4685 Nov 1-Dec 6 T 6:30-7:30pm

## ADVANCED DIGITAL PHOTOGRAPHY

Ages 14+. Learn advanced techniques to allow you to capture and create more interesting and artful images. Topics will include off-camera flash, studio lighting, artistic composition, and working with Photoshop and Lightroom in post-production to correct and enhance your photographs. We'll also discuss DSLR bodies, lenses, lights and light modifiers, and how to use this gear in a photo session. This is an interactive class and students are encouraged to bring their cameras. An optional, off-campus field trip will be included if there is enough student interest. Scott Scala instructs. Limited to 15 participants.

Fees: \$63(R) \$78(NR) (6 classes)  
4688 Nov 1-Dec 6 T 7:35-8:35pm



# COMMUNITY CENTER ~ TEEN & ADULT

REGISTRATION DATES FOR PROGRAMS ON THIS PAGE start:

July 18 for Residents & August 1 for Non-Apex Residents.

## PILATES

Ages 16+. (Ages 13-15 may enroll if accompanied by parent). An excellent non-aerobic form of body conditioning that anyone can do regardless of age or ability. Movements are specifically designed to strengthen and lengthen the muscles with special focus on the core. Mats provided, or you may bring your own. Elaine Tyte instructs. Limited to 20 participants.

Fees: \$67(R) \$82(NR) (7 classes)  
 4676 Sep 6-Oct 18 T 5:55-6:55pm  
 4677 Oct 25-Dec 13 T 5:55-6:55pm  
 (No class Nov 1)

## PILATES II

Ages 16+. (ages 13-15 may enroll if accompanied by parent). Building on basic Pilates skills, this intermediate level class will further increase your ability level to strengthen and tone the body improving balance, posture and flexibility while focusing on the core muscle groups. Join us for a low impact class suitable for all, with modifications if needed. Mats provided or you may bring your own. Props include use of balls, resistance bands and Pilates magic circles. Elaine Tyte instructs. Limited to 15 participants.

Fees: \$67(R) \$82(NR) (7 classes)  
 4679 Sep 1-Oct 13 Th 6-7pm



## DANCE FITNESS FOR WOMEN

Ages 16+. (Ages 13-15 may enroll if accompanied by parent). A dance-based fitness program that strengthens and tones while increasing energy and flexibility. This is a building program allowing participants to grasp 14-15 choreographed routines one at a time, quickly and effectively, while keeping fun and fitness as the priority! Kathy Taylor instructs. Limited to 20 participants.

Fees: \$105(R) \$120(NR) (20 classes)  
 4670 Sep 12-Dec 19 M/Th 7:30-8:30pm  
 (No class Oct 17-Nov 10, Nov 24)  
 4671 Sep 13-Dec 20 T/Th 9:15-10:15am  
 (No class Oct 18-Nov 10, Nov 24)

*Are you age 55 or older? Looking for programs designed by and for you? Check out the Apex Senior (55+) Program Guide for Programs!*

## DOG OBEDIENCE 101

Ages 16+. Learn the importance of your role as leader and teach your dog self-control. Together you and your dog learn sit, down, come, stay, leave it and to walk on a loose leash without pulling, resulting in improved behavior in public as well as at home. The importance of good body language and communication help with bonding and mutual respect. For dogs 3 months and older. Class is held outdoors at Salem Pond Park, 6112 Old Jenks Rd. (turn in at Salem Elementary School entrance). Proof of shots required. Register one human handler per dog, but feel free to bring the whole family! Dream Dogs Behavior Solutions instructs. For more info visit [www.dreamdogsn.com](http://www.dreamdogsn.com). Limited to 6 participants.

Fees: \$149(R) \$164(NR) (6 classes)  
 4682 Oct 1-Nov 12 Sat 2-3pm  
 (No class Oct 15)



## BASIC YOGA

Ages 16+. This is a beginner to intermediate level class. Reap the benefits of yoga, including better posture, more overall comfort in the body, more flexibility, more strength, better breathing, better concentration, and an improved sense of peacefulness. No previous yoga experience necessary. Different levels of poses will be demonstrated. Students must be able to get up from and get down to the floor easily. Bring your own yoga mat. Elaine Tyte instructs. Limited to 30 participants.

Fees: \$52(R) \$67(NR) (7 classes)  
 4673 Sep 12-Oct 24 M 6-7pm  
 4674 Nov 7-Dec 19 M 6-7pm

## BALLROOM DANCE

Ages 16+. Students will be introduced to at least 4 of the following dances during the session: Foxtrot, Swing, Waltz, ChaCha, Rumba, Tango and Hustle. Instruction in each dance includes the basics, techniques and styling for both beginning and some advanced patterns. Supervised freestyle dancing 7:15-7:30pm, prior to hour of instruction. Registration by couple only. Fee is per person. Liz Sorrell and Mark Daughtrey instruct. Limited to 40 participants (20 couples).

Fees: \$68(R) \$83(NR) (8 classes)  
 4692 Sep 14- Dec 7 W 7:15-8:30pm  
 (No class Oct 19, Oct 26, Nov 2, Nov 9, Nov 23)

# PARK AMENITIES & INFORMATION

## PARK HOURS OF OPERATION

### MARCH - OCTOBER

Apex Community Park: 6:30am-10pm/Shelter Rentals: 8:30am-9:30pm  
 Jaycee Park: 7am-10pm/Shelter Rentals: 8:30am-9:30pm  
 Kelly Road Park: 7am-10pm/Shelter Rentals: 8:30am-9:30pm  
 Hunter Street Dog Park: 7am-10pm  
 Nature/Seymour: 6:30am-10pm/Shelter Rentals: 8:30am-9:30pm  
 All other Town Parks: 7am-8pm/Shelter Rentals: 8:30am-7:30pm  
 Public Greenways: Sunrise to 30 minutes after Sunset

### NOVEMBER - FEBRUARY

6:30am-8pm/Shelter Rentals: 10am-7:30pm  
 7am-8pm/Shelter Rentals: 10am-7:30pm  
 7am-8pm/Shelter Rentals: 10am-7:30pm  
 7am-8pm  
 6:30am-8pm/Shelter Rentals: 8:30am-7:30pm  
 7am-6pm/Shelter Rentals: 10am-5:30pm  
 Sunrise to 30 minutes after Sunset

All closing times are effective except for programs scheduled by the Town of Apex. Tennis court lights are normally adjusted with Daylight Savings Time. Shelter rental hours vary depending on time of year. Please call (919) 249-3402 for more information.



PARK NAME <i>(*denotes a lighted facility)</i>	BASEBALL / SOFTBALL FIELDS		BASKETBALL COURTS		SAND VOLLEYBALL COURTS		OPEN PLAY FIELDS		SOCCER FIELDS		TENNIS COURTS		PLAYGROUNDS		PICNIC SHELTERS		PICNIC TABLES		PICNIC GRILLS		RESTROOMS		GREENWAY TRAILHEAD		ASPHALT TRAILS		NATURAL TRAILS		GREENWAY TRAILHEAD		VENDING MACHINES		SHELTER RENTALS		AMPHITHEATRE		PICKLEBALL COURTS			
	BATTING CAGE																																							
<b>APEX COMMUNITY PARK</b> - 160 acres 2200 Laura Duncan Road	3*	2	3			3	2	6*	2	2	35	3	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
<b>CLAIRMONT PARK</b> - 1.5 acres 801 E. Chatham Street			1	✓							1	1	1	1																										
<b>KELLY ROAD PARK</b> - 25 acres 1609 Kelly Road	1*		1					1*	1	2	9	1	✓	✓	✓																									
<b>KELLY GLEN PARK</b> - 2 acres 1701 Kelly Glen Lane											1	1	1	1																										
<b>JAYCEE PARK</b> - 23 acres 451 NC Hwy 55	1*	1				2		1	1	5	1	✓		✓																										
<b>NATURE PARK</b> - 160 acres 2600 Evans Road			1		2	2*	5*	2	2	17	2	✓	✓	✓	✓																								4	
<b>SUE HELTON PARK</b> - .25 acres 201 Matney Lane											1	3																												
<b>WEST STREET PARK</b> - 1.4 acres 108 West Street Park			1								1	1	1																											
<b>SALEM POND PARK</b> - 10 acres 6112 Old Jenks Road											3		✓																											
<b>HUNTER STREET PARK</b> - 12 acres 1250 Ambergate Station Road	1	1				1		1	1	1	8	1	✓	✓																										✓
<b>SEAGROVES FARM PARK</b> - 11 acres 201 Parkfield Drive					✓						1	8	1	✓	✓																									



**REFUND POLICY**

**Full Refunds:** Registration fees are 100% refundable when programs and events are canceled or adjusted by the Apex Parks, Recreation, and Cultural Resources Department. The Director of Parks, Recreation, and Cultural Resources shall have the authority to make decisions on all requests not specifically covered herein.

**Refunds/ Withdrawals/Transfers-**

1. **Withdrawal 10 Calendar days or more in advance.** A participant requesting to withdraw from a class must provide a written request at least 10 calendar days in advance of the scheduled start date of the program or tryouts for an athletic league. The participant will receive the full refund of fees minus a \$5.00 processing fee. No refunds will be issued when the amount is less than \$6.00.
2. **Withdrawal less than 10 Calendar days in advance.** A participant requesting a refund in writing, less than 10 calendar days prior to the scheduled start date of the program or tryouts for an athletic league, will receive a 75% refund of the fees if the participant can be replaced from the waiting list. If there is not a waiting list for the program or athletic league then **no refund** will be issued.
3. **Withdrawal after First meeting of a program/First regular season game.** A participant requesting to withdraw, on the day of or after the first meeting of any program, or the first regular season game of the affected league, will **not be issued a refund.**
4. **Transfer Request:** A participant requesting to transfer from one class date to another, within the same program and registration period, must do so in writing at least 10 calendar days or more prior to the scheduled start date of the program
5. **Adult Team Withdrawals.** Refunds for adult athletic programs requiring "team" registration will be issued based on policies and procedures covering that particular program and are not subject to #s 1, 2, 3, and 4 above.

**Medical and Scholastic Exceptions**

**A full refund of all fees paid, minus a \$5.00 processing fee, will be made for Athletic and Non-Athletic Programs only if:**

- 1) Prior to the first meeting of a program or the first game of the regular season the participant requests a refund in writing including a written excuse from a licensed medical doctor indicating that the participant should not participate due to medical concerns or physical limitations.
- 2) Prior to the first meeting of a program or the first game of the regular season the participant requests a refund in writing including written verification that the participant has been included in either a Middle School, High School, or College program that prohibits participation in recreational programs. Written verification can include a letter from the team coach, an official team roster from the school or other school document indicating the school policy which prohibits the registrant's participation.

<p><b>Discipline Policy for Camps:</b></p> <ul style="list-style-type: none"> <li>• Quiet reprimand/verbal warning</li> <li>• After repeated behavior problems, a first written incident report will be given to parent</li> <li>• Additional behavior problems will constitute a second written incident report given to parent and a 1-2 day suspension from the program</li> <li>• If problems persist, a third written incident report constitutes that the participant will be asked to leave the program and no refunds will be given</li> <li>• For severe offenses where a camper is physically or verbally abusive to other camp participant or camp staff, camper will be subject to immediate expulsion</li> </ul>	<p><b>Parent/Guardian Agreements for Camps:</b></p> <ol style="list-style-type: none"> <li>1. I acknowledge that every effort will be made to contact parents/guardians in the case of a medical emergency. If I cannot be reached, I authorize APRCR camp staff to seek appropriate medical care.</li> <li>2. I understand that APRCR camp staff may not administer any medications or sunscreen.</li> <li>3. I understand that APRCR does not provide snacks, lunches or drinks during camps. Water is provided. Please provide water bottles marked with child's name.</li> <li>4. I understand that APRCR is not responsible for lost or stolen items that my child should not bring personal belongings such as toys, jewelry or money to camp.</li> <li>5. My child will be dressed appropriately for camp and will wear athletic shoes or sneakers.</li> <li>6. I will drop off and pick up at the designated items listed for each camp. I understand that I will be required to show a picture ID as will anyone I authorize to pick up my child.</li> </ol>
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# SPECIALIZED RECREATION & INCLUSION SERVICES

REGISTRATION DATES FOR PROGRAMS ON THIS PAGE start:  
July 18 for Residents & August 1 for Non-Apex Residents.

## SPECIALIZED RECREATION

Programs designed to meet the interests of individuals with disabilities/special needs. For questions or program ideas please contact Allie Prelaske, [allie.prelaske@apexnc.org](mailto:allie.prelaske@apexnc.org) or 919-249-3507.

## INCLUSION SERVICES

The Apex Parks, Recreation and Cultural Resources welcomes the participation of individuals of all abilities. In compliance with the ADA, we will provide reasonable accommodations to facilitate participation in our program. To ensure that reasonable accommodations are in place, accommodation requests should be received at least two weeks prior to the start date of the program. For more information, please contact Inclusion Services at 919-249-3507.

## WHAT IS A REASONABLE ADA ACCOMMODATION?

Reasonable accommodations are resources used to help allow a person with a disability to participate in any program. Resources may include, but are not limited to, auxiliary aids or services, adaptive equipment, additional staff training, and/or additional staff. Any accommodation that the Department considers cannot fundamentally alter a program.

## Rockin' Reindeer Hop!



Open to teens and adults with disabilities,  
ages 14 and up.

Grab your antlers and dress to impress as you reindeer hop the night away with music, dancing, refreshments, and the opportunity to socialize! Any participant requiring close supervision and/or assistance must bring a chaperone. Chaperones attend for free.

Sponsored by: Apex Parks and Recreation & the Apex Youth Council

Fee: \$5 (includes refreshments)

4804 Dec 10 Sat 7:00-9:30pm

## RALEIGH LITTLE THEATRE: ACCESS THEATRE

These are nurturing classes for young people with developmental and/or physical disabilities. Support staff is welcome to attend.

### STORIES ALIVE!

6-11 years old. Have fun, make friends and learn basic acting skills as you bring favorite stories to life through drama. Theatre games and exercises help you to explore new ways to express yourself, gain confidence and improve social and communication skills.

Limited to 10 participants.

Instructor: Raleigh Little Theatre Staff

Fees: \$21(R) \$31(NR) (7 Classes)

4701 Sep 12- Oct 24 M 5:15-6:00pm

### YOUNG ACTOR'S STUDIO

12-16 years old. Through the use of theatre exercises, improvisation and scripted material, learn skills needed to develop believable characters and act out exciting stories. Theatre games and exercises help you to explore new ways to express yourself, gain confidence and improve social and communication skills. No memorization is required. Plus, it's fun!

Limited to 10 participants.

Instructor: Raleigh Little Theatre Staff

Fees: \$23(R) \$33(NR) (7 Classes)

4702 Sep 12- Oct 24 M 4:00-5:00pm

## BINGO NIGHT!

16 and up. Get ready for a fun-filled night of Bingo. Unlimited Bingo, snacks and prizes are included. This program is specifically designed for participants with developmental and/or physical disabilities. Support staff are welcome. Limited to 20 participants. Fee: \$5 (each date)

4709 Sep 12 Mon 6:30-8pm

4710 Oct 10 Mon 6:30-8pm

4711 Nov 14 Mon 6:30-8pm

## ATHLETIC WEATHER HOTLINE: 919-249-3348

The Athletic Hotline is updated daily,  
Mon-Fri at 4pm, Sat at 8am & Sun at 12pm

## YOUTH TURKEY TROTS RUNNING CLUB

8-12 years old. Buddies will be available for participants with disabilities who wish to participate in this program. This 10-week running program trains participants for a 5k race. The program equips kids with the physical training and goal-setting mentality needed to accomplish their running goals. Classes take place twice per week on Tues and Thurs beginning September 13. Participants will end the program by participating in the Turkey Trot 5k (race registration included as part of class).

Course #4367

For more information please see pg. 3 of this program guide.

## ABILITIES TENNIS CLINICS

Ages 6+. These clinics are for athletes with intellectual disabilities. Participants will learn the fundamentals, play games and have fun! Parents and/or caregivers are asked to stay during the clinic. Clinics are led by tennis pro, Jessica Rigney and buddy volunteers are provided by Western Wake Tennis Association. Limited to 15 participants.

Fee: Free

Apex Community Park Tennis Courts.

4782 Sep 3 Sat 10-11am

4783 Sep 10 Sat 10-11am

4784 Sep 17 Sat 10-11am

4785 Sep 24 Sat 10-11am



# HALLE CULTURAL ARTS CENTER

## HALLE CULTURAL ARTS CENTER PROGRAM NOTES

- See [How to Register for Programs](#), p. 2. Registration is held at the Community Center or at the Halle Cultural Arts Center.
- Programs are held at the Halle Cultural Arts Center of Apex, 237 N. Salem St. in Historic Downtown Apex.
- Registration is required at least 3 days before the first date of program unless otherwise noted.
- Classes will be cancelled if class minimums are not met.
- Please mark your calendars. You will be notified by phone only if a class is cancelled.
- Participant must be the age indicated before the first day of class, no exceptions.
- Parent/guardian/unregistered siblings are not permitted to remain in class unless otherwise noted.
- No food allowed during class unless otherwise noted.
- In the event of inclement weather you may call 919-249-1120 for information regarding class cancellations. APRCR will reschedule cancelled classes as quickly as possible.
- For additional Halle Cultural Arts Center program information visit [www.thehalle.org](http://www.thehalle.org) or call 919-249-1120.

### HALLE CULTURAL ARTS CENTER Available for Rent

Have your next meeting, seminar, reception, fundraiser, wedding ceremony, dance, reunion, or other celebration at the elegant Halle Cultural Arts Center. Rental agreements, facility brochure and floor plans are available at [www.thehalle.org](http://www.thehalle.org). To tour the center or discuss available dates and rental fees, please call Taylor at 919-249-1120.

### CHECK IT OUT!

Please check the Halle Cultural Arts Center website: [www.thehalle.org](http://www.thehalle.org) often as we are always adding new programs and performances! If you would like to be included on our mailing list please send your full name and e-mail address to: [halleculturalartscenter@apexnc.org](mailto:halleculturalartscenter@apexnc.org).



*LIKE THE HALLE CULTURAL  
ARTS CENTER ON FACEBOOK FOR FUTURE  
UPDATES AND EVENTS!*

### APEX MUSIC & MOVIES IN THE PARK SERIES AT THE NATURE PARK AMPHITHEATRE

Performances include brass, country, big band, rock and roll, beach, bluegrass, reggae and jazz and start at 7pm. The free movies are a great way to spend a balmy summer/fall evening, too. Held at the spacious Nature Park Amphitheatre, 2600 Evans Rd., the evening will offer family-friendly features. Films begin at dusk. So load up the kids, the lawn chairs, blankets and a picnic dinner and show up early for good seats.

Call 919-249-1120 to sign up for our weekly email at [halleculturalartscenter@apexnc.org](mailto:halleculturalartscenter@apexnc.org) and visit [www.thehalle.org](http://www.thehalle.org) or our Facebook often for up-to-date information!



Étú-Bmik  
Saturday, August 6, 7pm



David Childers  
Saturday, August 27, 7 pm



Kung Fu Panda 3  
Saturday, September 17, Dusk



Batman v Superman: Dawn of Justice  
Saturday, August 13, Dusk



The Old Ceremony  
Saturday, September 10, 7 pm



Marcus Anderson  
Saturday, September 24, 7 pm

# HALLE CULTURAL ARTS CENTER



## GOBLIN'S GROOVE FAMILY DANCE

Sat, Oct 29, 7-9:30pm

Tickets: \$5/couple and \$2 per additional child

Celebrate Halloween this year with the Apex Annual Goblin's Groove Family Dance at the Halle Cultural Arts Center! There will be music from the 80's and 90's that parents will find familiar along with the hip hop dance music of today. Of course we'll have your spooky favorites, costume contests, cool games, dance contests and freaky Halloween tricks and treats. This is a parent/child dance, youth and teens must be accompanied by an adult. Halloween costumes are strongly encouraged but not required. Spooky punch and snacks provided. Ooooh and did we mention our haunted art gallery??????? Will you dare to enter?????

## PIZZA AND A MOVIE

### Family Movie Night at the Halle

All Ages. Spend a fun-filled evening viewing a film in our cozy theatre. We set up tables and ONLY 80 chairs for this special event. Enjoy a slice or two of pizza while watching the movie. Additionally, bottled water, fruit and dessert is included while you sit back and enjoy the show. Please call 919-249-1120 for movie title or sign up to be on our email list at [halleculturalartscenter@apexnc.org](mailto:halleculturalartscenter@apexnc.org). Children under 12 must be accompanied by an adult. Tickets are \$5, \$2 for children under 2, and we throw in the movie for free! (Doors open at 5:30 pm). Thursday, 6-8pm.

Sep 22, Oct 13, Nov 17, Dec 15

## FAMILY DANCES

Traditional dance caller, Connie Carringer, will teach fun dances for the whole family: Squares, Circles, Appalachian, and more. Live, old-time, string band music by local musicians. No experience or partner required. Tickets are \$2/person or \$5/family at the door. 7-9pm.

Fri, Sep 16

Fri, Oct 21

Fri, Nov 18

Fri, Dec 16

## FREE TUESDAY MORNING MOVIES

1st and 3rd Tuesday of each month.

Grab the kids, snacks, blankets and visit us for your free, favorite movies on the big screen! Doors open at 9:30am and the show begins at 10am! Call 919-249-1120 one week prior to event for movie title or sign up to be on our email list at [halleculturalartscenter@apexnc.org](mailto:halleculturalartscenter@apexnc.org).

## FIRST WEDNESDAY FLICKS

1st Wednesday of each month, 7:30pm

FREE

Join us at the Halle Cultural Arts Center on the first Wednesday night of each month for screenings of recently released movies geared towards teens and adults. Call 919-249-1120 one week prior to event for movie title or sign up to be on our email list at [halleculturalartscenter@apexnc.org](mailto:halleculturalartscenter@apexnc.org). No movie in December.

## SUPER FUN SATURDAYS

Ages 4-12. 1st & 3rd Saturday of the month

10:30am-12:30pm

FREE

Join us for "super" fun with free arts & crafts for children. No registration. Parents or adults must accompany children. No programs in December.

## SENIOR ART CLUB

Ages 55+. Come join your friends and new friends for a two hour art session! There will be some guidance in different types of mediums, drawing, pastels, watercolor etc. This is an open club, so socializing is one of the goals too! There will be no formal teacher, but we will be sharing in our areas of expertise. Minimum of 15 participants. No Fee. Thursday, 1-3pm.

4751 Sep 15, Oct 6, Nov 3, Dec 1

## PEAK CITY SINGERS present JUKEBOX SATURDAY NIGHT

Sat, Oct. 22, 3pm

Saddle oxfords, penny loafers, poodle skirts, and rock and roll! The Peak City Singers recall favorite songs of the 1950s - the era synonymous with Jukebox Saturday Night! FREE with tickets available at the Halle Cultural Arts Center or the Apex Community Center.



# HALLE CULTURAL ARTS CENTER

## VISUAL ARTS EXHIBITS

### IT'S A DOG SHOW!

Opening Reception-Sun, Sep 18

2-4:30pm FREE

Show runs: Sept 16-Oct 14

Get ready for the biggest Dog Art Show ever! Local children and professional artists come together to create art for furry hearts! **Egg in Nest Art Studio** and the Halle Cultural Art Center will feature approximately 80 works of dog art, sure to get you smiling. The Opening Dog Party is set for Sun, Sept 18, 2-4:30 pm. Music, food and prizes will be awarded for the best dog party hat!

A portion of the of the art as well as dog treats will be for sale. Proceeds go to local shelters and rescue organizations. If you would like to get involved with this event, contact Jenny Eggleston at 919- 632-1983. The young Egg in Nest Art Studio artists are also planning a dog wash and other events to help raise money and awareness. Go to [www.egginnest.com](http://www.egginnest.com) for more information.



### THE POLITICS OF LOVE

#### Fall Juried Exhibit

Opening Reception-Thurs, Oct. 20

6-8pm FREE

Show runs: Oct 20-Nov 19

With elections imminent, consider the strength of the most powerful motivator, and the one known to vanquish fear. Enter your artistic expression of the theme, along with a brief (two to three-sentence) description of how it applies to **The Politics of Love**. We'll present first, second, and third place awards. \$5 fee per artist. Limit two entries per person. Drop your artwork off on Sat, Oct. 15 between 9am and 12pm (firm) at the Halle. Open to adults 18 years old and over. Two and three-dimensional work is welcome! Only on-time entries will be juried/exhibited.



### 9TH ANNUAL HALLE HALL OF WREATHS AND TREES EXHIBIT AND AUCTION

*to benefit Western Wake Crisis Ministry*

Opening Reception- Fri, Dec. 2

5-8pm FREE

Exhibit and Auction runs Dec. 2-21

What started as a local downtown holiday fundraiser for the Western Wake Crisis Ministry has evolved into a magical, twinkling wonderland of evergreens and delicate, quirky, unique--and valuable!--ornaments adorning trees and wreaths, all up and down the Halle Cultural Arts Center galleries. Enjoy a world of sparkle and lights, festive tapestries, and a model train that whirls through our glass case at the touch of a button!

You're invited to relax and browse, stroll through the halls to the holiday music, place a bid on one of the trees or wreaths on display. Who knows? You may outbid everyone on your favorite decorated tree, and take it home along with a gift certificate...your child's favorite storybook or a precious classic ornament. Proceeds benefit Western Wake Crisis Ministry for local families in need.



# HALLE CULTURAL ARTS CENTER

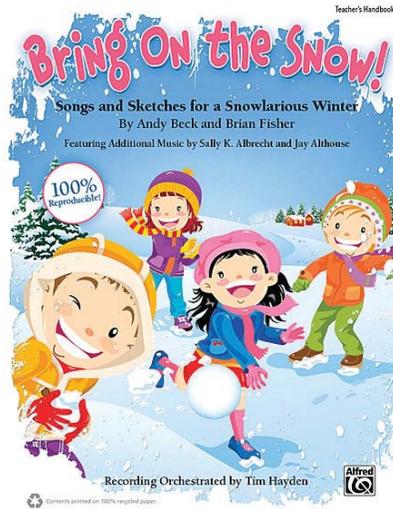
## INFINITY BALLET THEATRE PRESENTS A "STORYBOOK BALLET"

Sat, Nov 5  
3:30 and 7pm  
Tickets: \$6.00, Assigned Seating  
(Tickets on sale beginning Monday, Sept. 12 at 10 am at the Halle Box Office or on etix.com)



## INFINITY BALLET THEATRE'S "DANCES OF THE NUTCRACKER"

**Fri Dec 2, 8pm**  
Come join the fun at the Halle's 8th Annual Christmas and Wreath Exhibit and Auction Reception from 5-8pm, enjoy the lighting of the Town Christmas Tree and Menorah and all the activities of Christmas on Salem Street and then find your seat for a lovely holiday favorite right here in Apex!  
**Sat Dec 3, 3pm**  
Park early for the Apex Christmas Parade, come inside and watch *Dances of the Nutcracker*, grab a cup of hot chocolate and cookie and head outside to watch the parade!!-Perfect family fun!  
**Sun Dec 4, 2pm and 4pm**  
Don't forget to get your picture taken by the Christmas trees!  
Tickets: \$6, Assigned Seating  
(Tickets on sale beginning Monday, Sept. 12 at 10 am at the Halle Box Office or on etix.com)



Auditions: Mon, Oct 3, 6:30-8:30pm  
Tue, Oct 4, 6:30-8:30pm (choose one)  
Callbacks: Mon, Oct 10, 6:30-8:30pm  
Rehearsals: Mon-Fri, Oct 11 – Dec 8, 6:30-8:30pm plus some Saturdays  
Performances: Fri, Dec 9 – 7:30pm; Sat, Dec 10 – 3pm and 7:30pm; Sun, Dec 11 – 3pm

Director: Kathleen Rudolph, Raleigh Little Theatre  
Musical Director and Choreographer: Andy Beck

About Auditions:  
Ages 10 to adult are eligible to audition. Please prepare a one minute comedic monologue and bring sheet music in the appropriate key of a short up-tempo musical theatre or Christmas song. In addition, please come prepared to move, wearing sneakers or jazz shoes and comfortable clothes. Cold readings from the scripts will be done during the call back process. Please fill out a Conflict Calendar (available mid-September) listing any and all conflicts you have from October 11 through December 11. For more information, feel free to call Kathleen at 821-4579 x225 or email at [Kathleen@raleighlittletheatre.org](mailto:Kathleen@raleighlittletheatre.org).

About the Shows:  
*Christmas All Over the Place*, an engaging mini-play from the famous Paper Bag Players, is about a merrily mixed up misunderstanding between the Huffenpuff and Wigglebee families. *Ten Minutes Till Christmas*, by Roger Clark, takes us to the North Pole where Santa has decided not to deliver presents and the Elves have only ten minutes to convince him! *Bring On the Snow*, by Andy Beck and Brian Fisher, is a hilarious variety show chock-full of one-liners, wintertime puns and catchy holiday tunes!

## CONCERT SINGERS OF CARY PRESENT: HANDEL'S MESSIAH ~ Part I

Guest Artists - The North Carolina Baroque Orchestra

Sat, Dec 17, 7:30pm  
Celebrate the Christmas season by experiencing an intimate performance of Handel's *Messiah* in a setting not unlike where Handel gave the first performance in Dublin in 1742. Written for small chorus and orchestra, the *Messiah* of Handel's era bears little resemblance to most modern performances featuring large forces. This performance will feature 30 voices and 10 instrumentalists.

# HALLE CULTURAL ARTS CENTER

REGISTRATION DATES FOR PROGRAMS ON THIS PAGE start:

July 18 for Residents & August 1 for Non-Apex Residents.

## THEATER AND MUSIC CLASSES

### CREATIVE DRAMA

Ages 6-7. Develop creativity and learn to focus your energy as we explore skills needed to bring a story to life such as characterization, concentration, dialogue, improvisation and pantomime. Each session ends with a "Sharing" for parents and friends. No experience necessary. Raleigh Little Theatre instructs. Limited to 12 participants. Fees: \$85(R) \$100(NR) (7 classes)

*Fishy Fish!*

4514 Sep 6-Oct 18 T 4:30-5:30pm

*Henny Penny!*

4515 Oct 25-Dec 13 T 4:30-5:30pm

(No class Nov 22)

### PLAY ON

Ages 8-10. Free your imagination and discover yourself on stage! Through scripted scenes, students will explore character development, memorization skills, character relationships, and teamwork. Each session ends with a "Sharing" for parents and friends. No experience necessary. Raleigh Little Theatre instructs. Limited to 14 participants.

Fees: \$95(R) \$110(NR) (7 classes)

*Convincing, Crafty and Crazy Commercials!*

4516 Sep 12-Oct 24 M 4:30-6pm

*Once Upon a Time!*

4517 Nov 7-Dec 19 M 4:30-6pm

### MUSIC-GROUP VOICE LESSONS

Ages 8-11. Designed for the beginner, this class will introduce your child to all aspects of singing, including warm ups, breathing exercises, beginning music theory, and song study. Students will perform their pieces at a recital on the last day of class. Jill Smith instructs. Limited to 6 students.

Fees: \$75\*(R) \$90\*(NR) (7 classes)

*DISNEY FAVORITES*

4555 Sep 12-Oct 24 M 4-5pm

\*\$25 materials fee due to instructor at first class.

*HOLIDAY FUN*

4556 Nov 7-Dec 19 M 4-5pm

\*\$20 materials fee due to instructor at first class.

### PRESCHOOL DRAMA

Ages 4-6. Develop creativity through movement, sound, improvisation and pantomime. Learn to focus your energy as we explore skills needed to bring a story to life such as concentration, voice, dialogue and characterization. There will be a "Sharing" for family and friends on the last day of class. No experience necessary. Raleigh Little Theatre instructs. Limited to 10 participants.

Fees: \$85(R) \$100(NR) (7 classes)

*Fishy Fish!*

4519 Sep 6-Oct 18 T 1:30-2:30pm

### APEX PLAYERS

Ages 11-14. This performance class is for the serious actor who is willing to work on character development, relationships on stage and memorization. Students will learn bold choice-making and teamwork as they are cast in a bare-bones production that includes a butcher, a dog, a hare, a tortoise, a mouse and a lion! See what happens when all these personalities fill the stage at the same time! No experience necessary. Raleigh Little Theatre instructs. Limited to 11 participants. Performance will be held on Dec. 7 at 5 pm.

Fees: \$180(R) \$195(NR) (13 classes)

4520 Sep 7-Dec 7 W 4:30-6pm

(No class Nov. 23)

### SENIOR READERS THEATRE

Ages 55+. Have you ever seen a play and thought, "I could do that!"? Well then this class is for you! Readers Theatre is a style of theatre in which actors do not memorize their lines and use vocal expression to help the audience understand the story rather than sets, costumes, intricate blocking or movement. Learn what it is like to be onstage by participating in a variety of theatre activities used to build confidence and boost creativity. Session will culminate in a Readers Theatre presentation for friends and family. No previous experience necessary. Raleigh Little Theatre instructs. Limited to 12 participants. Performance will be held at 10 am on Dec.9.

Fees: \$23(R) \$33(NR) (11 classes)

4525 Sep 9-Dec 9 F 9:30-12:30am

(no class 10/28, 11/11 or 11/25)

### ACT' N SING

Ages 9-12. Do you like to act? Do you love to sing? Then this class is for you! Students will learn the skills needed to bring the mini-musical - *Pinocchio* - to life on the stage. Classes will focus on projection, working in an ensemble and character study. No experience necessary. Raleigh Little Theatre and Annette Stowe instruct. Limited to 12 participants. Performance will be held on November 10 at 5:15 pm!

Fees: \$160(R) \$175(NR) (10 classes)

4518 Sep 8-Nov 10 Th 4:30-6pm

*The Town of Apex Parks, Recreation and Cultural Resources Department strives to provide an inclusive approach to recreation and encourages individuals of all abilities to participate together in our programs. In order for participants with disabilities to participate successfully ADA accommodations may be provided. If you or a family member has a disability and needs a reasonable accommodation please check the appropriate box on the registration form or contact Inclusion Services for more information ~ 919-249-3507.*

### STORIES ALIVE!

Ages 5-11. This is a nurturing class for young people with developmental and/or physical disabilities. Support staff is welcome to attend. Have fun, make friends and learn basic acting skills as you bring favorite stories to life through drama. Theatre games and exercises help you to explore new ways to express yourself, gain confidence and improve social and communication skills. Raleigh Little Theatre instructs. Limited to 10 participants.

Fees: \$21(R) \$31(NR) (7 classes)

4701 Sep 12-Oct 24 M 5:15-6pm

### YOUNG ACTORS STUDIO

Ages 12-16. This is a nurturing class for young people with developmental and/or physical disabilities. Support staff is welcome to attend. Through the use of theatre exercises, improvisation and scripted material, learn skills needed to develop believable characters and act out exciting stories. Theatre games and exercises help you to explore new ways to express yourself, gain confidence and improve social and communication skills. No memorization is required. Plus, it's fun! Raleigh Little Theatre instructs. Limited to 10 participants.

Fees: \$23(R) \$33(NR) (7 classes)

4702 Sep 12-Oct 24 M 4-5pm

# HALLE CULTURAL ARTS CENTER

REGISTRATION DATES FOR PROGRAMS ON THIS PAGE start:  
July 18 for Residents & August 1 for Non-Apex Residents.

## TRACK OUT ART CAMPS AND ART CLASSES

### TRACK 1

4686	Sep 19-23	Manga	M-F	9:30am-12:30pm	(5 classes)
4693	Sep 26-30	Creature Feature	M-F	9:30am-12:30pm	(5 classes)
4694	Dec 12-16	Artapalooza	M-F	9:30am-12:30pm	(5 classes)

### TRACK 2

4696	Nov 28-Dec 2	Around the World in 5 Days	M-F	9:30am-12:30pm	(5 classes)
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### TRACK 3

4774	Oct 31-Nov 4	Artapalooza	M-F	9:30am-12:30pm	(5 classes)
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### TRACK 4

4697	Oct 10-14	Artapalooza	M-F	9:30am-12:30pm	(5 classes)
4698	Oct 17-21	Creature Feature	M-F	9:30am-12:30pm	(5 classes)

**SEE DESCRIPTIONS OF CAMPS BELOW!**

### ARTAPALOOZA CAMP

Ages 6-12. A Brand New Artapalooza for 2016! All new projects and new things to explore using clay, paint, collage and more! Let's have a fun and creative week! \*\$20 materials & supplies fee due to instructor on the first day. No experience necessary. Bring a healthy snack and water bottle. Claudia Finelle instructs. Limited to 15 participants.  
Fees: \$110\* (R) \$125\* (NR)

### CREATURE FEATURE CAMP

Ages 6-12. We'll illustrate creatures real and imaginary using all kinds of materials. Learn to draw animals as well as to create made-up monstrosities. Explore different materials and get messy! \*\$20 materials & supplies fee due to instructor on the first day. No experience necessary. Bring a healthy snack and water bottle. Claudia Finelle instructs. Limited to 15 participants.  
Fees: \$110\* (R) \$125\* (NR)



### AROUND THE WORLD IN 5 DAYS CAMP



Ages 6-12. Let's go on an artistic journey around the world. We'll bring our passport along from port to port. From Russian nesting dolls, to Chinese dragons and everything in between. Embark in an artistic adventure! \*\$20 materials & supplies fee due to instructor on the first day. No experience necessary. Bring a healthy snack and water bottle. Claudia Finelle instructs. Limited to 15 participants.  
Fees: \$110\* (R) \$125\* (NR)

### MANGA ILLUSTRATION CAMP

Ages 9-14. Whether you are already drawing manga or want to learn to do it, this is the camp for you. Sharpen your skills using the same materials real mangakas use, g-pens and ink, art markers, tone screens... and make comic book pages! Spend the week with like minded otakus; have a great time and make new friends. \*\$20 materials & supplies fee due to instructor on the first day. No experience necessary. Bring a healthy snack and water bottle. Claudia Finelle instructs. Limited to 15 participants.  
Fees: \$110\* (R) \$125\* (NR)



### ILLUSTRATION CLASS

Ages 9-16. From Manga and Chibis to Fashion Illustration and Book Covers... we'll explore different illustration styles and artists, different mediums and approaches, with a strong emphasis on drawing and composition. If you enjoy art and want to improve your skills, this is the class for you. No experience necessary. Claudia Finelle instructs. Limited to 10 students. \*\$20 materials fee due to instructor first day of class.

Fees: \$120\* (R) \$135\* (NR) (8 classes)  
4699 Sep 6-Oct 25 T 4:15-5:30pm  
4700 Nov 1-Dec 20 T 4:15-5:30pm



# HALLE CULTURAL ARTS CENTER

REGISTRATION DATES FOR PROGRAMS ON THIS PAGE start:  
July 18 for Residents & August 1 for Non-Apex Residents.

## MUSIC CLASSES

### KINDERMUSIK

Ages Birth-7 years. *Family Time Laugh & Learn* Kindermusik mixed-aged classes are great for families with more than one child. Each class is designed to accommodate all caregiver/child combos, as well as all levels of learning and musical interest. Your Kindermusik educator will help you modify the fun group dances, engaging movement activities, and always-popular instrument-play activities for each of your children, catering to their specific needs and developmental levels. Family classes offer the perfect setting for weekly bonding time, and will inspire and generate ideas for more music exploration, play and together-time fun at home. Limited to 8 children. \*\$12 materials fee due to instructor first day of class. Allison Antkowiak instructs. For more information call 386-397-3374 or mtbc74@hotmail.com.

Fees: \$43\*(R) \$58\*(NR) (4 classes)  
4542 Nov 30-Dec 21 W 11-11:45am

Ages 1-2 Years. *Sing & Play*. Sing, play, and move with your little one in a high-energy music class designed just right for very young children. Kindermusik focuses on your child's beginning movement, helping build muscles your young child needs to walk, run, and climb. Vocal development activities help nurture your child's speaking and singing. \*\$12 materials fee due to instructor first day of class. Limited to 8 children. Allison Antkowiak instructs. For more information call 386-397-3374 or mtbc74@hotmail.com.

Fees: \$43\*(R) \$58\*(NR) (4 classes)  
4532 Sept 7-28 W 11-11:45am

Ages Birth-1 year. *Cuddle & Bounce*. Cuddle, bounce, and bop with your baby in Kindermusik's newest curriculum. Whether your baby is five weeks or five months, this class will be perfect for you! With age-appropriate activities for newborns, infants and crawlers, this parent-child music and movement class will help you strengthen those early parent-child bonds, understand your baby's development, and heavily focus on child development and communication with your baby. You and your baby will enjoy instrument play, dance, exploration time, and together time, and you'll get expert advice and parenting resources based on the most recent research in baby development. Limited to 8 children. \*\$12 materials fee due to instructor first day of class. Allison Antkowiak instructs. For more information call 386-397-3374 or mtbc74@hotmail.com.

Fees: \$43\*(R) \$58\*(NR) (4 classes)  
4537 Oct 26-Nov 16 W 11-11:45am

**NOTE: FOR SAFETY REASONS AND DEVELOPMENTAL APPROPRIATENESS, CHILDREN OUTSIDE OF THE CLASS DESIGNATED AGE GROUP CANNOT ATTEND.**

## MUSIC PERFORMANCES

### 2016-17 JAZZLIVE CONCERT SERIES

#### Sat, Oct 8, 7:30pm

Featuring internationally renowned Steinway Artist and Jazz Pianist Lenore Raphael and Special Guests - world famous Benedetto Guitarist Howard Paul and distinguished Bassist Jason Foureman.



#### Sat, Nov 19, 7:30pm

##### *Tribute to Oscar Peterson*

Featuring Special Guests - dynamic Guitarist Wayne Wilkinson and swinging Bassist Hillard Greene.

#### Sat, Feb 11, 7:30pm

Featuring Special Guests - critically acclaimed Vocalist Jack Wood, superb Guitarist Doug MacDonald, eminent Bassist John Brown and talented Drummer Peter Ingram.

#### Sat, April 15, 7:30pm

Special Guests to be announced!

Tickets: \$15 adults \$12 students 18 and under

Artist meet and greet reception will be held directly after the performance!

### 2016-17 CLASSICAL CONCERT SERIES

#### Sun, Oct 9, 3pm

##### *An Afternoon at the Opera*

Come join members of the NC Opera Chorus in an afternoon of glorious music from some of the world's most beloved operas.

#### Sun, Feb 19, 3pm

##### *Boylan Bridge Brass*

Composed of members of the NC Symphony, this professional brass quintet will enliven a grey winter's day!



#### Sun, April 2, 3 pm

##### *Back By Popular Demand*

Pianist Jonathan Moyer and Violinist Luciana Arraes will thrill you with their beautiful interpretations of classic masterworks.

Artist meet and greet reception will be held directly after the performance!

Series tickets: \$30/Person, \$15/Students 16 and under. Individual Tickets: \$12/Person, \$6/Students 16 and under

# SPECIAL EVENTS

## 18th ANNUAL TURKEY TROT 5K RUN

Course #4545 - It's time to chase down that Turkey at Apex Community Park on Saturday, November 19th at 10am. The course will take you through the park and around a scenic lake. Registration opens July 1st and is limited to the first 600 individuals (the race has filled approximately one month prior to the event the last few years).

Again this year we will offer a RECREATIONAL division. Entries in this division will not receive a timing chip and will not be officially timed, recorded or eligible for awards. Individuals will be responsible for keeping their own time if desired. Everything else will be the same as the COMPETITIVE entrants including receiving race t-shirt.

Categories of Competition: Men's & Women's 12 and under; 13-18; 19-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64, 65-69, 70 and up

FEES: Before November 2nd - Competitive \$20, Recreational \$15, Youth Competitive (12 and under) \$12, Youth Recreational (12 and under) \$10

FEES: After November 2nd - Competitive \$25, Recreational \$20, Youth Competitive (12 and under) \$12, Youth Recreational (12 and under) \$10  
Awards to top overall male and female and to the top 3 males and females in each age division. (Competitive Only)

**Turkey Tots Running Club (ages 8-12)**  
See page 3 for information.

## GLOWING DISC GOLF TOURNAMENT

Join us for this unique disc golf tournament, played with glowing discs in the dark. Aim for illuminated baskets as you navigate the course with a flashlight. Sign up for one of four divisions: Advanced, Amateur, Novice or Junior (14 and under). All registered players will receive a glow-in-the-dark tournament disc.

Date & Time: Friday, October 21, check in begins at 6pm

Fees: \$10

Course #4509

For more information contact Patrick Fitzsimons at [patrick.fitzsimons@apexnc.org](mailto:patrick.fitzsimons@apexnc.org) or 919-249-3402.

## BASKETBALL HAM TOSS

Champps Americana Restaurants of Triangle Town Mall in Raleigh and Southpoint Mall of Durham present the Family Basketball Ham Toss. Family members join teams to shoot foul shots with a chance to win a Holiday HAM! This event will be held at the Apex Community Center on **Monday, December 19th**. Teams consist of two members of the same family, one adult (age 18 or older) and one child (17 and under). The winning team from each age division is that which holds the highest number of points when the scores of both participants from all 3 rounds are totaled. Handicaps will be given to the youngest age divisions. Maximum of one prize ham per family. No pre-registration is necessary and this event is FREE.

### Age Division and Times

6 & under, 11-12	6pm
7-8, 13-14	7pm
9-10, 15-17	8pm

## PJs & POPCORN ~ MOVIE NIGHT

**Nov 4 Fri 6:30-8:30pm Apex Community Center**  
**Free Admission**

Bring your pajama clad little ones and join us for a fun filled evening of pjs, popcorn and a "little-kid-friendly" movie! It's a perfect opportunity for grandparents to spend time with their grandchildren at this intergenerational event!

Call 919-249-3402 or visit [www.apexnc.org](http://www.apexnc.org) one week prior to the event for movie title.

**Apex Youth Council Fundraiser ~ Popcorn for Sale ~ \$1**

*\*Bring water or juice box - no soft drinks or other food allowed\**



## OPEN GYM

The gymnasiums at the Apex Community Center are available for use for basketball and/or volleyball through memberships cards. Open Gym Passes are now available for purchase by both **Apex residents and non-residents**.

Resident Age 0-7	<b>Free</b>
Resident Age 8-17	<b>\$5</b>
Resident Age 18-54	<b>\$10</b>
Resident Age 55 & Over	<b>Free</b>
Non-Resident Age 0-7	<b>\$5</b>
Non-Resident Age 8-17	<b>\$20</b>
Non-Resident Age 18-54	<b>\$30</b>
Non-Resident Age 55 & Over	<b>\$20</b>



In order to obtain open gym passes and participate, a parent/guardian must complete and sign the open gym registration form for registrants through age 17. Children age 10 and under **MUST BE ACCOMPANIED BY AN ADULT (18 YEAR OF AGE OR OLDER) AT ALL TIMES**. Members can check in a maximum of three guests per visit.

**One-day guest passes** can be purchased for \$5 with a registered open gym member. Monthly open gym schedules are available at the Apex Community Center or online at [www.apexnc.org/opengym](http://www.apexnc.org/opengym). Open Gym times are subject to change. Your membership card must be on your person to be signed into Open Gym.



# CHECK IT OUT!

## PARKS PROJECTS & IMPROVEMENTS

The Town of Apex is constantly working to improve and expand the various parks facilities throughout Town. Listed below are but a few of the projects Town and parks staff are working on.

### PHASE 1 SALEM POND PARK

Located adjacent to Salem Elementary and Middle Schools, Phase I of Salem Pond Park includes increased parking, improvements to the existing walking trail, environmental education signage, and all work needed to create a grassed / open field that can be used for both scheduled and unscheduled activities. Phase II of the project will include field lighting, a multi-age playground, and a shelter.



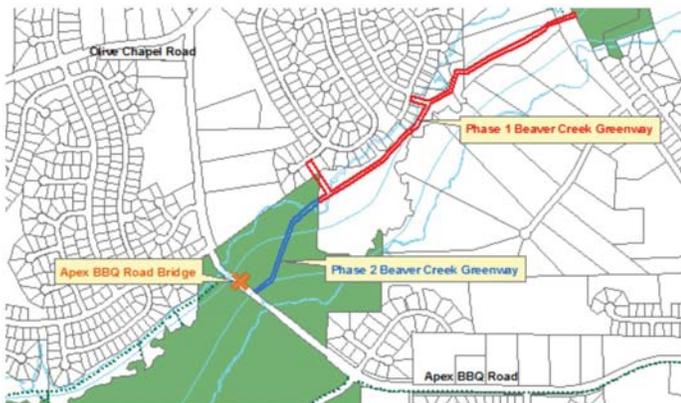
### HUNTER STREET TURF CONVERSION

The Town of Apex now has its first synthetic turf field located at Hunter Street Park. This recent conversion from grass to synthetic will allow for year-round play, reduce cancellations, and enable the Town to work with various groups on rental opportunities that will increase revenue and maximize the Town's resources.



### BEAVER CREEK GREENWAY CONNECTION (Kelly Road Park to Apex Nature Park)

Design has begun on the Beaver Creek Greenway from Kelly Road towards Apex Nature Park. The proposed segment will connect the Greenbrier and Kelly West subdivisions to Kelly Road Park and Jaycee Park. Connections to the communities are being evaluated and may not be exactly as shown. A future phase will connect from these areas to the Apex Nature Park under the new bridge in design by NCDOT across Apex BBQ Road. The Town has received a \$160,000 grant through Wake County's Open Space Program to help fund design and construction.

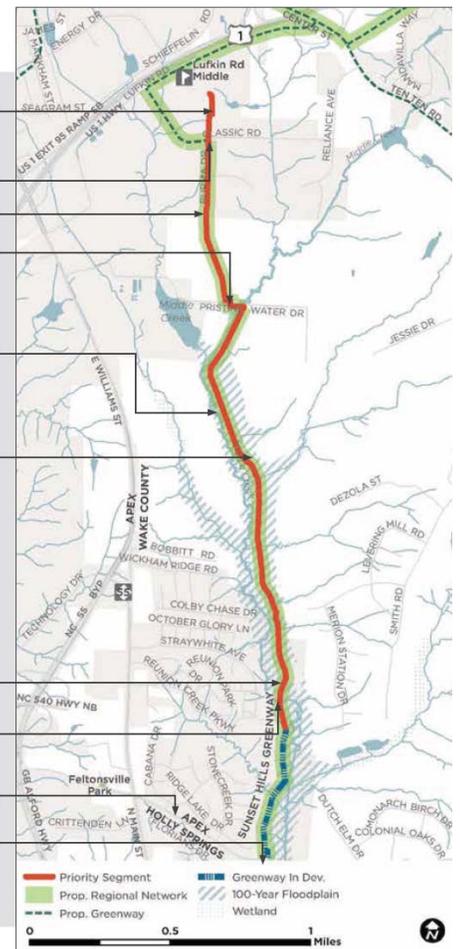


### MIDDLE CREEK GREENWAY (Apex to Holly Springs)

Design will begin on the Middle Creek Greenway from the Holly Springs town limits north towards Apex crossing the proposed 540 corridor. The proposed segment will connect the Sunset Hills community to Holly Springs and ultimately connect the Miramonte and Pemberley Subdivisions, as well, north to Lufkin Road Middle School. The Town has received a \$140,000 grant through Wake County's Open Space Program to help fund design and construction.

#### OPPORTUNITIES & CONSTRAINTS

- A short trail extension off of the regional network connects the project to Lufkin Road Middle School at the north end. The segment supports regional connectivity toward Apex and Cary to the north.
- A new crossing is required at Classic Road.
- An existing sidewalk along Burma Drive can be expanded into a sidepath.
- A short section of sidepath and an on-road crossing are needed at Pristine Water Drive.
- The alignment follows the east side of Middle Creek between Pristine Water Drive and the southern end.
- The trail's location in the floodplain will increase permitting requirements.
- Boardwalk is required where the trail traverses wetlands near the second bridge. The alignment is generally located far enough east of Middle Creek to avoid wetlands wherever possible because of the high cost of boardwalk.
- A bridge crossing of Middle Creek is required.
- The segment supports regional connectivity between Apex and Holly Springs.
- Segment connects directly to a greenway trailhead at Sunset Lake Rd in Holly Springs.



### LAKE PINE RESTROOM



By mid-July, the Town of Apex will be installing a permanent restroom facility at the Lake Pine Entrance to Apex Community Park located at 1808 Lake Pine Drive. This facility will replace the porta-johns that have served that site for many years.